

Emerging Concepts in Patellofemoral Surgery: From Instability to Arthroplasty

John P. Fulkerson, MD
Beth E. Shubin Stein, MD
Jack Farr, II, MD
William R. Beach, MD
Andrew J. Cosgarea, MD
Jason L. Koh, MD
William R. Post, MD

September 8-9, 2017

Auditorium B	
Friday 09/08	
Morning Sessions	
6:45-7:00AM	Registration/Sign-In
7:00-7:15AM	Orientation of Lab & Course Philosophy <i>John P. Fulkerson, MD, Farmington, CT</i>
Case Presentations	
7:15-7:25AM	Case #1: Acute First Dislocation with near normal anatomy –risk of OC Injury <i>Jason Koh, MD, Evanston, IL</i>
7:25-7:35AM	Case #2: Acute First Dilocation with trochlear dysplasia, alta and age under 25 with history of MPFLR on contralateral knee <i>Daniel W. Green, MD, New York, NY</i>
Didactics	
7:35-7:45AM	Didactics: Acute First time dislocation-the Mayo experience <i>Diane L. Dahm, MD, Rochester, NY</i>
7:45-7:55AM	Examination and ranking of risks factors: IR femur; valgus, dysplasia, alta lateral tuberosity, tibial torsion The common denominator MPFL: Who needs an MPFL /MQTFL <i>Adam Yanke, MD, Chicago, IL</i>
Case Presentations	
7:55-8:05AM	Case #3: Incorrect MPFL placement <i>John P. Fulkerson, MD, Farmington, CT</i>
8:05-8:10AM	Case #4: Patellar Fracture <i>Seth L. Sherman, MD, Columbia, MO</i>
Didactics	
8:10-8:20AM	MPFL-How to avoid complications <i>Beth Shubin Stein, MD, New York, NY</i>
8:20-8:30AM	MPFL/MQTFL in the Skeletally Immature Patient <i>Shital N. Parikh, MD, FACS, Cincinnati, OH</i>
8:30-8:40AM	MQTFL- Anatomy <i>Miho J. Tanaka, MD, Baltimore, MD</i>
8:40-8:50AM	MQTFL –Technique <i>John P. Fulkerson, MD, Farmington, CT</i>
8:50-9:00AM	Q&A- (Morning Lectures) <i>Moderator: William R. Beach, MD, Richmond, VA</i>
9:00-12:00PM	Hands-On Cadaver Lab-MPFL & MQTFL
10:00-10:15AM	LIVE Demo: Finding the right position on the femur TBD
Auditorium B	
12:00-2:20PM	Lunch and Lectures
12:00-12:10PM	Update on International Consensus Group <i>William R. Post, MD, Morgantown, WV</i>
12:10-12:25PM	Non-Operative options /treatment for PF pain/ OA <i>Cory Edgar, MD, West Hartford, CT</i>
Case Presentations	
12:25-12:35PM	Case #5: AMZ of distal lateral patellar arthritis <i>William R. Post, MD, Morgantown, WV</i>
12:35-12:45PM	Case #6: Isolated Medialization for chronic patellar subluxation with coronal plane malalignment in RPI <i>Matthew Stiebel, MD, West Palm Beach, FL</i>
12:45-12:55PM	Case #7: Distalization for excessive alta and recurrent instability- Andy Cosgarea <i>Andrew J. Cosgarea, MD, Lutherville, MD</i>
12:55-1:05PM	Case #8: AMZ with Cartilage restoration <i>William R. Beach, MD, Richmond, VA</i>
Didactics	
1:05-1:20PM	Versatility of the TTT- How to use for cartilage restoration, arthritis and when is it an adjunct in treating instability <i>Robert A. Magnussen, MD, Columbus, OH</i>
1:20-1:40PM	Questions: TTT Cases <i>Moderator: Andrew J. Cosgarea, MD, Lutherville, MD</i>
1:40-1:55PM	Trochleoplasty: Background <i>Laurie A. Hiemstra, MD, Banff, Canada</i>
1:55-2:10PM	Trochleoplasty: How the referral centers manage <i>Elizabeth Arendt, MD, Minneapolis, MN</i>
2:10-2:20PM	Questions: Trochleoplasty <i>Moderators: Elizabeth Arendt, MD, Minneapolis, MN</i>
2:20-5:15PM	Hands-On Cadaver Lab- Tibial Tubercle Transfer
CME Course Adjourns	
5:15-6:00PM	Industry Spotlight Demo (non-CME) TBD

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Saturday 09/09

Auditorium B

Case Presentations

- 7:00-7:10AM Case #9: Focal patellar lesion-restoration
Adam Yanke, MD, Chicago, IL
- 7:10-7:20AM Case #10: Focal trochlear lesion
Andreas Gomoll, MD, Chestnut Hill, MA
- 7:20-7:30AM Case #11: Diffuse bipolar chondrosis in the young patient
Jack Farr, MD, Greenwood, IN

Didactics

- 7:30-7:40AM Chondral Defects in the Patella-What are the options?
Andreas Gomoll, MD, Chestnut Hill, MA
- 7:40-7:50AM Questions: Cartilage Restoration options
Moderator: Jack Farr, MD, Greenwood, IN

Case Presentations

- 7:50-8:00AM Case #12: 42 yo woman with lateral patella OA w trochlear involvement (deciding between TTT vs. PFJ)
Diane L. Dahm, MD, Rochester, NY
- 8:00-8:10AM Case #13 63 yo woman with Grade 4 PF OA and trochlea dysplasia (deciding between PFJ and TKA in older population)
Seth Sherman, MD, Columbia, MO

Didactics

- 8:10-8:20AM PFA- Indications and Techniques
Beth Shubin Stein MD, New York, NY
- 8:20-8:30AM PF Arthritis and Instability – How to address both
Jack Farr, MD, Greenwood, IN
- 8:30-8:40AM Questions: PFJ
Moderator: Diane L. Dahm, MD, Rochester, NY
CME Course Adjourns

8:40-9:20AM Industry Spotlight Demo (non-CME)

PF ARTHROPLASTY

9:20-12:00PM Hands-On Cadaver Lab- PFJ ARTHROPLASTY & Cartilage Restoration Options

* Content and faculty subject to change.

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Distinguished Professor

John P. Fulkerson, MD, Farmington, CT

William R. Post, MD, Morgantown, WV

Course Chairmans

Beth E. Shubin Stein, MD, New York, NY

Jack Farr, II, MD, Greenwood, IN

Course Directors

William R. Beach, MD, Richmond, VA

Jason L. Koh, MD, Evanston, IL

Andrew J. Cosgarea, MD, Lutherville, MD

Lab Instructors

Elizabeth Arendt, MD, Minneapolis, MN

Jacqueline M. Brady, MD, Portland, OR

Diane L. Dahm, MD, Rochester, MN

Cory Edgar, MD, Farmington, CT

Andreas H. Gomoll, MD, Chestnut Hill, MA

Daniel W. Green, MD, New York, NY

Laurie A. Hiemstra, MD, Banff, AB

Robert Andrew Magnussen, MD, Columbus, OH

Shital N. Parikh, MD, Cincinnati, OH

Seth L. Sherman, MD, Columbia, MO

Matthew Stiebel, MD, West Palm Beach, FL

Sabrina M. Strickland, MD, New York, NY

Miho Jean Tanaka, MD, Baltimore, MD

Adam Yanke, MD, Chicago, IL

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