

MEETING AGENDA



DATE: January 31 – February 2, 2019

TIME: 8:30am Thurs-6:30pm Sat

LOCATION: OLC

COURSE 902: Foundations in Arthroscopy

Please Bring: Writing Materials/Laptop/iPad to the course. You are encouraged to have breakfast prior to arriving to the course. Refreshment breaks will be provided with coffee and snacks.

Thursday, January 31 st			
	Time	Lab/Lecture Description	Location
Start Time	End Time	Motor Skills	
8:30 AM	9:00 AM	Registration/Sign-In	Lobby
9:00 AM	9:25 AM	Welcome and Course Overview with Motor Skill Faculty Introduction, <i>Paul Fadale, MD</i>	Auditorium A
9:25 AM	12:00 PM	Group A- FAST Basic Motor Skills, <i>Michael Feldman, MD</i>	Cadaver Lab
9:25 AM	12:00 PM	Group B- Simulator, <i>Mary K. Mulcahey, MD</i>	Sim Room
9:25 AM	12:00 PM	Group C- FAST Knot Tying: <i>Howard J. Sweeney, MD, Trevor Born, MD, Jeremy Mangion, MD</i>	Auditorium B
11:45 AM	12:30 PM	Lunch	Lobby/Aud A
12:30 PM	3:00 PM	Group A- Simulator, <i>Mary K. Mulcahey, MD, Robin M. Gehrmann, MD</i>	Sim Room
12:30 PM	3:00 PM	Group B- FAST Knot Tying, <i>Howard J. Sweeney, MD, Trevor Born, MD, Jeremy Mangion, MD</i>	Auditorium B
12:30 PM	3:00 PM	Group C-FAST Basic Motor Skills, <i>Michael Feldman, MD</i>	Cadaver Lab
3:00 PM	3:15 PM	Break	Lobby
3:15 PM	5:45 PM	Group A- FAST Knot Tying, <i>Howard J. Sweeney, MD, Trevor Born, MD, Jeremy Mangion, MD</i>	Auditorium B
3:15 PM	5:45 PM	Group B- Fast Basic Motor Skills, <i>Michael Feldman, MD</i>	Cadaver Lab
3:15 PM	5:45 PM	Group C- Simulator, <i>Mary K. Mulcahey, MD, Robin M. Gehrmann, MD</i>	Sim Room
5:45 PM	7:00 PM	Dinner/Lecture Panel: How I Became a Better Arthroscopist: all course chairs and master faculty	Auditorium A
7:00 PM	9:00 PM	<i>Remediation Opportunity for Students Who Did Not Pass Any Section Above. Students Will Be Required to Pass Performance Based Metrics for Knot Tying, Motor Skills, and Simulator Before Advancing to Cadaveric Specimens.</i>	
9:00 PM	9:00 PM	Session Ends	

Friday, February 1 st			
	Time	Lab/Lecture Description	Location
Start Time	End Time	Knee	
6:45 AM		Coffee	Lobby
7:00 AM	7:15 AM	Introduction to the Lab (OSHA Safety, Course Goals/Agenda, Proficiency-based Advancement), <i>Paul Fadale, MD</i>	Auditorium A
7:15 AM	8:00 AM	Basics of How to do Knee Arthroscopy and Meniscus Surgery, <i>Michael Feldman, MD</i>	Aud A
8:00 AM	12:00 PM	Lab Procedures: Portals, Diagnostic Scope, Gillquist Maneuvers, Accessory Portals, Loose Body Removal, Partial Synovectomy, Meniscectomy and Meniscus Repairs. <i>Each Participant Will Perform Each of the Above Procedures, In Sequence, Focusing on the Motor Skill Emphasis of the Prior Day. Faculty Will Provide Dynamic Feedback Throughout the Lab Session.</i> Optional: Fast Paced Students May, Under the Guidance of their Faculty, Perform Microfracture, OATS, or Arthroscopic Medial Capsular Reefing Procedures but Should Not Advance to Graft Harvest or ACL Reconstructions until Didactic Presentations are Provided.	Cadaver Lab
10:20 AM	10:40 AM	LAB LECTURE: ACL #1, <i>Paul Fadale, MD</i>	Cadaver Lab
10:40 AM	11:55 AM	Participants in the Lab Will Perform Graft Harvest, Graft Preparation and Notchplasty. Faculty will Provide Dynamic Feedback Regarding Motor Skills and Technique Throughout Lab Session. Optional: Fast Paced Students May, Under the Guidance of Their Faculty, Perform Microfracture, OATS, Root Repairs, or Arthroscopic Medial Capsular Reefing Procedures but Should Not Advance to ACL Reconstruction Until Didactic Presentations are Provided. <i>Technique Handouts Available at Back of Room Should Be Reviewed Prior to Performing Alternative Techniques.</i>	Cadaver Lab
11:55 AM	12:10 PM	STOP Asset Testing (Knee)	Cadaver Lab
12:15 PM	1:45 PM	Lunch and Lectures	Lobby/Aud A
12:15 PM	1:00 PM	Non-CME Lunch Sponsored by Flexion	Aud A
1:00 PM	1:35 PM	LECTURE: ACL #2, <i>Paul Fadale, MD</i>	Aud A
1:35 PM	1:45 PM	Q&A	Aud A
1:45 PM	5:15 PM	Participants Return to the Laboratory to Perform ACL Reconstructions Including Tunnel Placement, Graft Passage, Fixation. After BTB and Quad Tendon Harvest, Please Make Sure You Close Capsule Tightly to Allow for Adequate Visualization. <i>If Proficiency is Achieved, the Student May Proceed to Arthroscopic Posterior Cruciate Ligament Reconstruction. If Time Allows, Consider LCL, PLC Reconstruction or MPFL Reconstruction. Prior to Proceeding with PCL Reconstruction, the Student Must Review the PowerPoint Video Available on AANA Mobile.</i>	Cadaver Lab
4:00 PM	4:15 PM	Lecture & Demo: Surgical Approach to Posterior Lateral Corner <i>All Residents Should Perform Knee Dissection to Evaluate Meniscal Repair, Ligament Tunnel Placement, Collateral Ligament Anatomy, and Relevant Neurovascular Anatomy. Paul Fadale, MD</i>	Cadaver Lab
5:20 PM	6:30 PM	Panel Discussion/Case Presentations, All Faculty	Auditorium A
6:30 PM	6:45 PM	Simulator ACL Post Test- Optional, <i>Robin M. Gehrmann, MD</i>	Sim Room
6:45 PM		Faculty Dinner	

Saturday, February 2nd			
	Time	Lab/Lecture Description	Location
Start Time	End Time	Shoulder	
6:45 AM		Coffee	Lobby
7:00 AM	7:05 AM	Welcome to Shoulder Day: Review Goals and Agenda, <i>Robin M. Gehrmann, MD</i>	Auditorium A
7:05 AM	7:25 AM	How To: Setup, Portals, Anatomy, Risks, Complete Diagnostic Arthroscopy, Removal Loose Bodies, <i>Mary K. Mulcahey, MD</i>	Aud A
7:25 AM	8:00 AM	How to: Arthroscopic Labral, SLAP, and Instability Repairs, Capsular Plication <i>Robin M. Gehrmann, MD</i>	Aud A
8:00 AM	11:10 AM	<i>Knot Tying Stations Will Be Available for Optional Review and Practice Prior to Proceeding to Cadaver Lab.</i> Participants in the Laboratory for Glenohumeral Arthroscopy for Portal Placement, Diagnostic Glenohumeral Arthroscopy, Loose Body, Bankart Repair and SLAP Repair. Faculty Will Provide Dynamic Feedback Throughout the Lab Session.	Cadaver Lab
11:10 AM	11:20 AM	STOP Asset Testing (Shoulder)	Cadaver Lab
11:30 AM	1:00 PM	Lunch and Lectures	Lobby/Aud A
11:40 AM	12:00 PM	How To: Subacromial Arthroscopy: Bursectomy, Acromioplasty, Distal Clavicle Excision, Prepare for Cuff, <i>Mary K. Mulcahey, MD</i>	Aud A
12:00 PM	12:45 PM	How To: Arthroscopic Rotator Cuff Repair: Arthroscopic Rotator Cuff Repair Cadaver Including How to Make a Tear and Convert to Mini Open <i>Robin M. Gehrmann, MD</i>	Aud A
12:45 PM	1:00 PM	Q&A	Aud A
1:00 PM	2:15 PM	Rotator Cuff Repair on FAST Work Stations, <i>Michael Feldman, MD</i>	Auditorium B
2:15 PM	6:00 PM	<i>Participants in the Laboratory for Subacromial Arthroscopy Bursectomy, Subacromial Decompression, and AC Joint Resection.</i> Assuming Cadaveric Specimen Has Intact Rotator Cuff, Student May Proceed to Preparing Cuff Tear and Arthroscopic Rotator Cuff Repair. If Tissue Quality is Poor or Student Has Not Attained Proficiency Level Commensurate with Arthroscopic Repair, Student May Progress to Mini-Open or Repeat the Procedure on the FAST Workstation. <i>Accelerated Students May Return to GH Joint to Perform Capsular Release, Microfracture, Biceps Tenotomy, Arthroscopic Biceps Tenodesis</i>	Cadaver Lab
3:30 PM	3:45 PM	Open Dissection of Suprascapular Nerve, including Common Approach to the Shoulder. <i>All Students Should Perform Shoulder Dissection Taking Care to Assess Anchor Placements, Portal Placements, and Neurovascular Structures at Risk.</i> <i>Robin M. Gehrmann, MD</i>	Cadaver Lab
6:30 PM	6:30 PM	Course Adjourns	
		Summary of Proficiencies and Formal Feedbacks will be Provided to Student	