

AANA Knee and Shoulder Arthroscopy Online Course

Knee Lectures		
Time to Complete	Lecture Description	Presenter
10 Minutes	All-Inside, Inside-Out, Outside-In: How I Decide and How I Do It	Coming Soon!
10 Minutes	When to Consider All-Inside Suture Repair	Coming Soon!
10 Minutes	Current Treatment Concepts for Root Tears	Coming Soon!
10 Minutes	Meniscus Repair: A Few Tips and Tricks to Help You!	Coming Soon!
10 Minutes	Meniscus Transplantation: Indications, Techniques and Outcomes	Coming Soon!
10 Minutes	Isolation Cartilage Defects: How Do You Pick Your Cartilage Procedure – An Algorithm for Success in 2020	Coming Soon!
10 Minutes	The Patellofemoral Cartilage Dilemma: Let Me Help You	Coming Soon!
10 Minutes	OCD'S: Pearls to Guide Your Treatment	Coming Soon!
8 Minutes	New Cartilage Technologies in 2020: Ready for Prime Time?	Coming Soon!
10 Minutes	Technical Tips in Cartilage Surgery – Marrow Stimulation thru OA Allografts	Coming Soon!
8 Minutes	Dealing with Complications and Failures in Articular Cartilage Surgery	Coming Soon!
10 Minutes	ACL Graft Selection: Evidence Based Recommendations	Coming Soon!
10 Minutes	ACL Grafts, Tunnels and Fixation: Avoiding Common Mistakes	Coming Soon!
10 Minutes	Intra-Op ACL Problems and Challenges: Tips for Getting You Out of Trouble	Coming Soon!
8 Minutes	Lateral Extra-Articular Procedures: When or Ever Should They be Used with an ACLR	Coming Soon!
8 Minutes	Lateral Extra-Articular Procedures: Technique Options	Coming Soon!
8 Minutes	MCL injuries: When and How to Fix/Reconstruct	Coming Soon!
10 Minutes	PCL: Current Indications and Surgical Techniques	Coming Soon!
8 Minutes	The Posterolateral Corner: Simplifying When & How to Address	Coming Soon!
10 Minutes	Stress of the Multi-Ligament Knee – Intra-Op Pearls of Management to Get You Through	Coming Soon!
8 Minutes	Proximal Patellar Stabilization Procedures: Technique Options and Tips	Coming Soon!

8 Minutes	Tibial Tubercle Osteotomies: Indications and Techniques	Coming Soon!
8 Minutes	The Role of Trochleoplasty in 2020 (with Video Technique)	Coming Soon!
10 Minutes	Patella Instability: My Current Surgical Treatment Algorithm	Coming Soon!
10 Minutes	Orthobiologics in the Knee: My In-Office Discussions and Utilization – What's Appropriate Based on Evidence?	Coming Soon!
10 Minutes	HTO/DFO's: Technique Options and Avoiding Complications	Coming Soon!
10 Minutes	Arthroplasty May Be the Best Decision – Even in the Young (When Metal and Poly Will Fare Better and Longer than Biologic Solutions)	Coming Soon!

Shoulder Lectures		
Time to Complete	Lecture Description	Presenter
Shoulder: Setting Up for Success		
5 Minutes	Operating Room Set Up: Beach Chair	Coming Soon!
5 Minutes	Operating Room Set Up: Lateral: I Hate Ropes and Pulleys, I love my Robot Arm!	Coming Soon!
5 Minutes	Maximizing Visualization: How to get the HD view	Coming Soon!
5 Minutes	How to Get There: Portals, Portals Everywhere!	Coming Soon!
Instability Without Bone Loss		
5 Minutes	SLAP Lesions: Current Indications: Do's and Don'ts of Fixation	Coming Soon!
10 Minutes	Anterior Instability Repair: Portals, Anchors, and Suture Passage- Maximizing Your Repair	Coming Soon!
5 Minutes	Tips for Knots and Knotless Fixation – Is the Technique Different?	Coming Soon!
10 Minutes	GAGHL, HAGL, and RHAGL's: Fixing Them Safely	Coming Soon!
5 Minutes	Posterior Instability: Getting to the Back	Coming Soon!
5 Minutes	MDI: Balancing the Shoulder All the Way Around	Coming Soon!
Instability with Bone Loss		
10 Minutes	When is a Bankart Not Enough? Factors to Consider	Coming Soon!
5 Minutes	Remplissage Procedure: Technical Tricks to Make it Simple	Coming Soon!
10 Minutes	Open Latarjet: Reproducible Technique to Avoid Complications	Coming Soon!
5 Minutes	Not Everyone Needs a Latarjet! - Other Bony Options	Coming Soon!
Basics of Cuff Repair		
5 Minutes	SAD: Should We Ever Do It? Indications and Tips	Coming Soon!
5 Minutes	Mumford Procedure: How Much is Enough? Technical Pearls for Success	Coming Soon!

5 Minutes	Be the Cuff, See the Cuff! Pre and Intra Operative ID of Tear Shape	Coming Soon!
5 Minutes	Mobilization for Contracted Tears: Routine Release and Slides, Oh My!	Coming Soon!
10 Minutes	Single Row RCR: Yup, We Still Do That! Why and How to do Them	Coming Soon!
10 Minutes	Double Row RCR: Why and How to do Them	Coming Soon!
10 Minutes	Partial Thickness Tears: Articular and Bursal Sided. Techniques to Keep It, Cut It, or Patch It	Coming Soon!
Advanced Cuff Repair		
10 Minutes	Subscapularis Repair: What is too Small to Fix? Over the Top and Through the Interval Technique	Coming Soon!
5 Minutes	SCR: Is it That Much Better than a Bridging Graft?	Coming Soon!
10 Minutes	SCR: How to do it to Optimize Outcomes	Coming Soon!
8 Minutes	Irreparable Subscapularis: Pec Major or Lat Dorsi	Coming Soon!
8 Minutes	ER Lag: When to think Lower Trap Transfer	Coming Soon!
8 Minutes	Revision Rotator Cuff Repair: Bone and Soft Tissue Considerations	Coming Soon!
Shoulder: Things That Make You Go “Hmm...”		
5 Minutes	Biceps Tenotomy and Tenodesis: High, Low, Inside or on the Bone	Coming Soon!
5 Minutes	Capsular Release: 360-Degree Release for Gaining Mobility	Coming Soon!
5 Minutes	Suprascapular Nerve Release: You Never Know When You Might Need It	Coming Soon!
10 Minutes	ACJ: Solutions, Case Based Acute and Chronic Cases	Coming Soon!
10 Minutes	Glenohumeral OA: Comprehensive Arthroscopic Management and Patch Resurfacing – Worth the Trouble?	Coming Soon!
10 Minutes	Biologics and Patches: What is the Latest Data? Indications and Technical Pearls	Coming Soon!
5 Minutes	Reproducible Bankart Repair: Technical Pearls	Coming Soon!
5 Minutes	Getting to The Back: Posterior Labral Repair	Coming Soon!
5 Minutes	Remplissage Procedure: My Technique	Coming Soon!

10 Minutes	Open Latarjet: Set-up, Approach, and Transfer	Coming Soon!
10 Minutes	RCR Technique: Matching the Repair Technique to the Tear	Coming Soon!
5 Minutes	Subscapularis Tears: Releases for Mobility	Coming Soon!
10 Minutes	SCR: Technical Tricks I Have Learned	Coming Soon!

Cadaver Lab Schedule

Saturday, November 14th 2020

8:00am-12:00pm	Knee Focused Lab – Morning Session <ul style="list-style-type: none"> Meniscus Repair, Transplantation Articular Cartilage Procedures Ligament Reconstruction
12:00-1:00pm	Lunch Break
1:00-5:00pm	Knee Focused Lab – Afternoon Session <ul style="list-style-type: none"> Patellofemoral Surgery Osteotomy Open Dissections
Saturday Session Adjourns	

Sunday, November 15th 2020

8:00am-12:00pm	Shoulder Focused Lab – Morning Session <ul style="list-style-type: none"> Anterior and Posterior Labral Repairs SLAP Repairs
12:00-1:00pm	Lunch Break
1:00-5:00pm	Shoulder Focused Lab – Afternoon Session <ul style="list-style-type: none"> Subacromial Decompressions, Mumford Procedures, Rotator Cuff Repair, Rotator Cuff Augmentation, Biceps Tenodesis
Sunday Session Adjourns	