

Endoscopic Spaces to Arthroscopic Preservation: Managing Modern Athletic Hip Injuries

September 24-25, 2021

Orthopaedic Learning Center, Rosemont IL

Endoscopic Spaces to Arthroscopic Preservation: Managing Modern Athletic Hip Injuries	
Friday, September 24, 2021	
4-4:30 p.m.	Course Registration
4:30-4:45 p.m.	Course Goals and Faculty Introduction ISHA & AANA: Review of Electronic and In-Person Educational Offerings Post-Pandemic Faculty: John J. Christoforetti, M.D.
4:45-5:30 p.m.	Ultrasound Faculty: Beth Bardowski, M.S.N., A.P.N., ACNP-BC
5:30-5:45 p.m.	Brief Intermission – Food Available in Auditorium Lobby
Pre-Lab Syllabus	
5:45-6 p.m.	“Making it Count” Maximizing Your Time at the OLC Faculty: TBD
6-6:15 p.m.	Be a Good Partner: How to Learn Together Faculty: Allston J. Stubbs IV, M.D., M.B.A.
6:15-6:30 p.m.	Plan and Execute Faculty: Anil S. Ranawat, M.D.
6:30-6:45 p.m.	Plan your Return: Achieving Career Excellence & Growth with OLC Experiences Faculty: Michael B. Gerhardt, M.D.
6:45-7 p.m.	Open Q&A
7 p.m.	Non-CME Industry-Supported Demonstration Details Coming Soon!

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Saturday, September 25, 2021

7-7:30 a.m.	Lab Safety Overview/OSHA Guidelines
7:30 a.m.-Noon	<p>Cadaver Lab Session 1 Goals: Hip Joint Access, Central, Peripheral Compartment, Capsular Approach, Diagnostic Arthroscopy, Acetabular Rim and Articular Cartilage Management</p> <p>7:30 a.m. - Hip Joint Access: Setup, Central, Peripheral, Compartment Faculty: John J. Christoforetti, M.D.</p> <p>8 a.m. - Capsular Approach: Periportal, Interportal, T-Type Capsulotomy Faculty: Allston J. Stubbs IV, M.D., M.B.A.</p> <p>8:30 a.m. - Comprehensive Diagnostic Arthroscopy Faculty: Anil S. Ranawat, M.D.</p> <p>9 a.m. - Acetabular Rim and Articular Cartilage Management Faculty: Michael B. Gerhardt, M.D.</p>
Noon-12:45 p.m.	Lunch and Non-CME Demonstration Details Coming Soon!
12:45-1:30 p.m.	Lunch and Non-CME Demonstration Details Coming Soon!
1:30-5 p.m.	<p>Cadaver Lab Session 2 Goals: Femoroplasty, Capsule Closure, Peritrochanteric Space Access, Proximal Hamstrings and Deep Gluteal Access</p> <p>1:30 p.m. - Femoroplasty Faculty: John J. Christoforetti, M.D.</p> <p>2 p.m. - Capsule Closure Faculty: Anil S. Ranawat, M.D.</p> <p>2:30 p.m. - Peritrochanteric Space Access & Abductor Tendon Faculty: Allston J. Stubbs IV, M.D., M.B.A.</p> <p>3 p.m. - Proximal Hamstrings & Deep Gluteal Access Faculty: Michael B. Gerhardt, M.D.</p>
5 p.m.	Course Adjourns

Online Lectures – Available Prior to Lab Experience

Lecture Title	Faculty
Approach to Young Adult Hip Patient: Physical Examination & Patient Selection	Coming Soon!
Imaging Studies: Plain Radiographs, MRI, CT	Coming Soon!
US Guided Injections: Cortisone, PRP, BMAC, and HA	Coming Soon!
Rehabilitation for Hip and Pelvic Pain	Coming Soon!
FEMOROACETABULAR IMPINGEMENT SYNDROME	
FAIS in 2020: New Concepts in FAIS	Coming Soon!
Pincer Impingement – AIIS, Os, Rim Fractures, and Global Pincer	Coming Soon!
Hip Arthroscopy in the Professional Athlete: Pearls and Pitfalls	Coming Soon!
CAM Impingement	Coming Soon!
The Perfect Cam Resection: Tips and Pearls	Coming Soon!
Intra-Operative Fluoroscopy and Dynamic Assessment	Coming Soon!
Residual Pediatric Deformities	Coming Soon!
Borderline Hip Dysplasia	Coming Soon!
Hip Dysplasia and Dysplasia Variants	Coming Soon!
HIP CARTILAGE AND LABRUM	
Hip Access: Distraction, Fluoroscopy, and Portal Placement	Coming Soon!
Hip Arthroscopy Positioning and Traction: Brazilian Approach	Coming Soon!
Peripheral Compartment First Access and Technique	Coming Soon!
Continuum of Labral Management: My Algorithm for Debridement, Repair, Augment and Reconstruction	Coming Soon!
Technical Spotlight - Knotless Anchor Repair for Hip Labrum	Coming Soon!
Technical Spotlight - Labral Augmentation	Coming Soon!

Technical Spotlight - 270 Degree Labral Reconstruction	Coming Soon!
New Cartilage Technologies in 2020: Ready for Prime Time?	Coming Soon!
Hip Cartilage Repair: Microfracture, Bio cartilage, De Novo, Prochondrix	Coming Soon!
Hip Microinstability	Coming Soon!
Primary Capsular Repair Techniques	Coming Soon!
Capsular Technical Pearls in Revision Hip Arthroscopy	Coming Soon!
EXTRA-ARTICULAR HIP DISORDERS	
Core Muscle Injuries	Coming Soon!
Hip-Groin Syndrome	Coming Soon!
Endoscopic Anatomy for Hip Arthroscopists	Coming Soon!
Endoscopic CMI Repair and Pubic Symphysis Excision	Coming Soon!
Snapping Hip Syndromes	Coming Soon!
Deep Gluteal Syndrome	Coming Soon!
Debate: Endoscopic Gluteal Repair with Allograft Augmentation	Coming Soon!
Debate: Open Superior Gluteal Reconstruction (SGR)	Coming Soon!
Debate: Endoscopic HS Repair	Coming Soon!
Debate: Open HS Repair	Coming Soon!
Approach to Failed Hip Arthroscopy	Coming Soon!
Understanding the Importance of Hip Extension Loss	Coming Soon!
PRACTICE MANAGEMENT	
Comprehensive Hip Practice Management	Coming Soon!
Hip Arthroscopy & Preservation within University Practice	Coming Soon!
Navigating Change and Leadership in Clinical Practice Hip Arthroscopy & Preservation in Private Practice	Coming Soon!

Hip Arthroscopy as Employed Physician	Coming Soon!
Pediatric and Adolescent Hip Arthroscopy	Coming Soon!
Why a hip preservation fellowship Matters?	Coming Soon!
OPEN HIP PRESERVATION CONCEPTS	
The Learning Curve in PAO Surgery	Coming Soon!
Age Limits, Sports Participation, and the purpose of the modern PAO	Coming Soon!
Rotational Malalignment and Hip Pain	Coming Soon!
Hypermobility and Hip Preservation	Coming Soon!
The Posterior Approach to PAO	Coming Soon!
REHABILITATION	
How the Foot and Ankle Impacts the Hip	Coming Soon!
The Validated Single Squat Test for MD and Rehab Team	Coming Soon!
The Posterior Hip: Rehab Strategy & Defining When Surgery May be Indicated	Coming Soon!
Rehabilitation for the Athlete's Groin	Coming Soon!
Tele-Rehabilitation Concepts	Coming Soon!
Communication in Team Concept Athletic Care	Coming Soon!