

## AANA Fellows Course – Hip Agenda

April 24-25, 2021

Orthopaedic Learning Center, Rosemont IL

| Hip Focus                               |   |
|---|---|
| Saturday, April 24 <sup>th</sup> , 2021 |   |
| 8:00-8:30 AM                            | Registration  |
| 8:30-8:50 AM                            | Course and Faculty Introductions  |
| 8:50-9:00 AM                            | Move to Breakout Sessions   |
|   | <p><b><u>Joint Specific Lectures Begin</u></b></p> <ul style="list-style-type: none"> <li>• Shoulder Registrants Report to Auditorium A</li> <li>• Knee Registrants Report to Auditorium B</li> <li>• Hip Registrants Report to Auditorium C</li> </ul> |
| 9:00-9:15 AM                            | <p>Diagnostic Imaging for Hip Injuries<br/>Faculty: Joshua D. Harris, M.D.</p>  |
| 9:15-9:30 AM                            | <p>Indications and Contraindications for Hip Arthroscopy<br/>Faculty: Sanjeev Bhatia, M.D.</p>  |
| 9:30-9:40 AM                            | <p>OR Setup – Design, Team, Bed Selection and Access<br/>Faculty: Robert W. Westermann, M.D.</p>  |
| 9:40-9:55 AM                            | <p>Capsular Management – Capsulotomy, Capsular Windows, Exposure and Repair/Plication/Reconstruction<br/>Faculty: Michael B. Banffy, M.D.</p>   |
| 9:55-10:00 AM                           | <p>Labral Repair<br/>Faculty: Jovan Laskovski, M.D.</p>   |
| 10:00-10:10 AM                          | <p>Labral Reconstruction<br/>Faculty: Guillaume Dumont, M.D.</p>  |
| 10:10-10:30 AM                          | <p>Osseous Management – Pincer, AIIS, Os Acetabuli, CAM<br/>Faculty: Sanjeev Bhatia, M.D.</p>   |
| 10:30-10:40 AM                          | <p>Prehab and Rehab<br/>Faculty: Joshua D. Harris, M.D.</p>   |
| 10:40-11:00 AM                          | <p>Approach to the Failed Hip<br/>Faculty: Michael B. Banffy, M.D.</p>  |
| 11:00-11:05 AM                          | <p>Core Muscle Injuries – Athletic Pubalgia<br/>Faculty: Robert W. Westermann, M.D.</p>   |
| 11:05-11:20 AM                          | Imaging and Diagnosis of Lateral and Posterior Hip Pain   |

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|                       | Faculty: Guillaume Dumont, M.D.   |
| <b>11:20-11:35 AM</b> | Partial and Full Thickness Gluteus Medius Repair<br>Faculty: Jovan Laskovski, M.D.  |
| <b>11:35-11:50 AM</b> | Endoscopic Hamstring Repair<br>Faculty: Jovan Laskovski, M.D.   |
| <b>11:50-12:00 PM</b> | Ischiofemoral Impingement, DGS, Piriformis Syndrome   |
| <b>12:00-1:00 PM</b>  | Lunch and Non-CME Demonstration <ul style="list-style-type: none"> <li>• Vericel, MACI Procedure</li> </ul>   |
| <b>1:00-4:00 PM</b>   | Cadaver Lab, Session 1 <ul style="list-style-type: none"> <li>• Goals:</li> <li>• Diagnostic Hip Arthroscopy</li> <li>• Hip Capsulotomy and Exposure</li> <li>• Acetabuloplasty</li> <li>• Labral Repair</li> </ul> |
| <b>4:00-4:20 PM</b>   | Review of Lab Session, Open Q&A   |
| <b>4:20-4:50 PM</b>   | Practice Management Discussion, Open Q&A  |
| <b>4:50-5:00 PM</b>   | Brief Intermission – Food Available in Auditorium Lobby   |
| <b>5:00-7:00 PM</b>   | Dinner and Panel Discussions<br>Knee and Shoulder Registrants – Auditorium A/B<br>Hip Registrants – Auditorium C  |

## Hip Focus

Sunday, April 25<sup>th</sup>, 2021

|                       |   |
|-----------------------|---|
| <b>7:00-7:30 AM</b>   | Lab Safety Overview/OSHA Guidelines   |
| <b>7:30-12:00 PM</b>  | Cadaver Lab Session 1<br>Goals: <ul style="list-style-type: none"> <li>• Labral Repair</li> <li>• Femoroplasty</li> <li>• Capsular Closure/Plication</li> <li>• Endoscopic Iliotibial Band Resection</li> </ul> |
| <b>12:00-12:45 PM</b> | Lunch and Non-CME Demonstration   |
| <b>12:45-1:30 PM</b>  | Lunch and Non-CME Demonstration   |
| <b>1:30-3:00 PM</b>   | Cadaver Lab Session 2   |

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|                | <p>Goals:</p> <ul style="list-style-type: none"><li>• Endoscopic Trochanteric Bursectomy</li><li>• Endoscopic Gluteus Medius and Minimus Repair</li><li>• Endoscopic Hamstring Repair</li><li>• Endoscopic Sciatic Neurolysis</li></ul> |
| <b>3:00 PM</b> | Course Adjourns   |

## AANA Fellows Course – Knee Agenda

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| Knee Focus                              |   |
|---|---|
| Saturday, April 24 <sup>th</sup> , 2021 |   |
| <b>8:00-8:30 AM</b>                     | Registration  |
| <b>8:30-8:50 AM</b>                     | Course and Faculty Introductions  |
| <b>8:50-9:00 AM</b>                     | Move to Breakout Sessions   |
|   | <p><b><u>Joint Specific Lectures Begin</u></b></p> <ul style="list-style-type: none"> <li>• Shoulder Registrants Report to Auditorium A</li> <li>• Knee Registrants Report to Auditorium B</li> <li>• Hip Registrants Report to Auditorium C</li> </ul> |
| <b>9:00-9:15 AM</b>                     | ACL Patella Tendon Bone Autograft<br>Faculty Lecture: Aman Dhawan, MD   |
| <b>9:15-9:30 AM</b>                     | ACL Soft Tissue Allograft (Hamstring or Quad Tendon)<br>Faculty Lecture: Nathan Endres, MD  |
| <b>9:30-9:40 AM</b>                     | Lateral Extra-Articular Tenodesis<br>Faculty Lecture: Michael Alaia, MD   |
| <b>9:40-9:55 AM</b>                     | Meniscus and Meniscal Root Repair<br>Faculty Lecture: Denver Stanfield, MD  |
| <b>9:55-10:00 AM</b>                    | Questions   |
| <b>10:00-10:10 AM</b>                   | PCL Reconstruction<br>Faculty Lecture: Aman Dhawan, MD  |
| <b>10:10-10:30 AM</b>                   | Posterior Lateral Corner Reconstruction<br>Faculty Lecture: Michael Alaia, MD   |
| <b>10:30-10:40 AM</b>                   | ACL Revision<br>Faculty Lecture: David Flanigan, MD   |
| <b>10:40-11:00 AM</b>                   | Biologics<br>Faculty Lecture: Rachel Frank, MD  |
| <b>11:00-11:05 AM</b>                   | Questions   |
| <b>11:05-11:20 AM</b>                   | Medial Patellofemoral Reconstruction<br>Faculty Lecture: Cory Edgar, MD   |

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| <b>11:20-11:35 AM</b> | Chondral Allograft<br>Faculty Lecture: David Flanigan, MD   |
| <b>11:35-11:50 AM</b> | Tibial Tubercle Osteotomy<br>Faculty Lecture: Cory Edgar, MD  |
| <b>11:50-12:00 PM</b> | Meniscal Transplant<br>Faculty Lecture: Rachel Frank, MD  |
| <b>12:00-1:00 PM</b>  | Lunch and Non-CME Demonstration <ul style="list-style-type: none"> <li>• Vericel, MACI Procedure</li> </ul>   |
| <b>1:00-4:00 PM</b>   | Cadaver Lab, Session 1 <ul style="list-style-type: none"> <li>• Goals: Meniscus Repair, ACL Soft Tissue and Patella Bone Tendon Bone, ACL Revision</li> </ul> |
| <b>4:00-4:20 PM</b>   | Review of Lab Session, Open Q&A   |
| <b>4:20-4:50 PM</b>   | Practice Management Discussion, Open Q&A  |
| <b>4:50-5:00 PM</b>   | Brief Intermission – Food Available in Auditorium Lobby   |
| <b>5:00-7:00 PM</b>   | Dinner and Panel Discussions<br>Knee and Shoulder Registrants – Auditorium A/B<br>Hip Registrants – Auditorium C  |

## Knee Focus

Sunday, April 25<sup>th</sup>, 2021

|                       |   |
|-----------------------|---|
| <b>7:00-7:30 AM</b>   | Lab Safety Overview/OSHA Guidelines   |
| <b>7:30-12:00 PM</b>  | Cadaver Lab Session 1<br>Goals: Lateral Extra-Articular Tenodesis, Tibial Tubercle Osteotomy, Medial Patellofemoral Ligament Reconstruction |
| <b>12:00-12:45 PM</b> | Lunch and Non-CME Demonstration - Smith and Nephew, Advanced Healing Solutions in RCR   |
| <b>12:45-1:30 PM</b>  | Lunch and Non-CME Demonstration - DePuy/Mitek, Dermis on Demand Allograft   |
| <b>1:30-3:00 PM</b>   | Cadaver Lab Session 2<br>Goals: Meniscus Transplant, Osteochondral Allograft  |
| <b>3:00 PM</b>        | Course Adjourns   |

## AANA Fellows Course – Shoulder Agenda

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| Shoulder Focus                          |   |
|---|---|
| Saturday, April 24 <sup>th</sup> , 2021 |   |
| <b>8:00-8:30 AM</b>                     | Registration  |
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| <b>8:50-9:00 AM</b>                     | Move to Breakout Sessions   |
|   | <p><b><u>Joint Specific Lectures Begin</u></b></p> <ul style="list-style-type: none"> <li>• Shoulder Registrants Report to Auditorium A</li> <li>• Knee Registrants Report to Auditorium B</li> <li>• Hip Registrants Report to Auditorium C</li> </ul> |
| <b>9:00-9:15 AM</b>                     | Primary Labral Repair: Anterior to Posterior<br>Faculty: William J. Ciccone, II, M.D.   |
| <b>9:15-9:30 AM</b>                     | What to Do with the “Bony Bankart”<br>Faculty: Brian R. Waterman, M.D.  |
| <b>9:30-9:40 AM</b>                     | Anterior Bone Block Surgery: Coracoid, ICBG, DTA & Distal Clavicle<br>Faculty: Josef Karl Eichinger, M.D.   |
| <b>9:40-9:55 AM</b>                     | Humeral-Based Management of Recurrent Instability<br>Faculty: Michael J. O'Brien, M.D.  |
| <b>9:55-10:00 AM</b>                    | Questions   |
| <b>10:00-10:10 AM</b>                   | Rotator Cuff Repair: Single Row, Double Row<br>Faculty: William J. Ciccone, II, M.D.  |
| <b>10:10-10:30 AM</b>                   | Subscapularis Repair: Technique<br>Faculty: Josef Karl Eichinger, M.D.  |
| <b>10:30-10:40 AM</b>                   | Superior Capsular Reconstruction<br>Faculty: Michael J. O'Brien, M.D.   |
| <b>10:40-11:00 AM</b>                   | Emerging Management of the “Irreparable” Rotator Cuff: Biologics, Balloon, Patches, & Tendon Transfers<br>Faculty:  |
| <b>11:00-11:05 AM</b>                   | Questions   |
| <b>11:05-11:20 AM</b>                   | SLAP Repair<br>Faculty: Brian R. Waterman, M.D.   |

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| <b>11:20-11:35 AM</b> | Biceps Tenodesis Indications and Technique (Intra-articular, Suprapec, Subpec)<br>Faculty: Michael J. O'Brien, M.D.   |
| <b>11:35-11:50 AM</b> | Open & Arthroscopic AC/CC Reconstruction<br>Faculty:  |
| <b>11:50-12:00 PM</b> | Questions   |
| <b>12:00-1:00 PM</b>  | Lunch and Non-CME Demonstration <ul style="list-style-type: none"> <li>• Vericel, MACI Procedure</li> </ul>   |
| <b>1:00-4:00 PM</b>   | Cadaver Lab, Session 1 <ul style="list-style-type: none"> <li>• Goals: Bankart Repair (Anterior and Posterior) Knotted and Knotless</li> <li>• SLAP Repair</li> <li>• Biceps Tenodesis</li> </ul> |
| <b>4:00-4:20 PM</b>   | Review of Lab Session, Open Q&A   |
| <b>4:20-4:50 PM</b>   | Practice Management Discussion, Open Q&A  |
| <b>4:50-5:00 PM</b>   | Brief Intermission – Food Available in Auditorium Lobby   |
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## Shoulder Focus

Sunday, April 25<sup>th</sup>, 2021

|                       |   |
|-----------------------|---|
| <b>7:00-7:30 AM</b>   | Lab Safety Overview/OSHA Guidelines   |
| <b>7:30-12:00 PM</b>  | <p>Cadaver Lab Session 1</p> <p>Goals:</p> <ul style="list-style-type: none"> <li>• Rotator Cuff Repair (Subscapularis and Supraspinatus/Infraspinatus)</li> <li>• Superior Capsular Reconstruction</li> <li>• Suprascapular Nerve Release</li> </ul> |
| <b>12:00-12:45 PM</b> | Lunch and Non-CME Demonstration   |
| <b>12:45-1:30 PM</b>  | Lunch and Non-CME Demonstration   |
| <b>1:30-3:00 PM</b>   | <p>Cadaver Lab Session 2</p> <p>Goals:</p> <ul style="list-style-type: none"> <li>• Latarjet</li> <li>• AC/CC Joint Reconstruction</li> </ul>   |
| <b>3:00 PM</b>        | Course Adjourns   |