

AANA 6th Annual Fellows and Chief Residents Course – Shoulder Agenda

February 17-18, 2023

Orthopaedic Learning Center, Rosemont, Illinois

Fellows and Chief Residents Course Agenda	
February 17 th , 2023	
8-8:30 a.m.	Registration
8:30-8:50 a.m.	Course and Faculty Introductions
8:50-9:00 a.m.	Move to Breakout Sessions
	<p><u>Joint Specific Lectures Begin</u></p> <ul style="list-style-type: none"> • Shoulder Registrants Report to Auditorium A • Knee Registrants Report to Auditorium B • Hip Registrants Report to Auditorium C
9:05-9:15 a.m.	Primary Arthroscopic & Open Labral Repair: Keys to Success Faculty: Michael Amini, M.D.
9:15-9:25 a.m.	Open it Up: Open Bankart, Latarjet, DTA, ICBG, and Distal Clavicle Faculty: Albert Lin, M.D.
9:25-9:40 a.m.	Shh... The French Are Right: My Technique for the Scope-Assisted Latarjet Faculty: Bogdan A. Matache, M.D., F.R.C.S.C.
9:40-10:00 a.m.	Shoulder Instability Panel Moderator: Michael Amini, M.D. Panel: Bogdan A. Matache, M.D., F.R.C.S.C., Kelly G. Kilcoyne, M.D., Albert Lin, M.D., Brian Waterman, M.D.
10:00-10:15 a.m.	My Algorithm and Technique for Arthroscopic Rotator Cuff Repair Faculty: Robert U. Hartzler, M.D., M.S.
10:15-10:25 a.m.	Lay it on Me: Augmentation for Rotator Cuff Pathology Faculty: Kelly G. Kilcoyne, M.D.
10:25-10:35 a.m.	Don't Forget the Subscapularis Repair: My Technique Faculty: Gabriella Ode, M.D.
10:35-10:45 a.m.	Repair, Transfer, or Replace? My Case for Tendon Transfer for the Irreparable Rotator Cuff Tear Faculty: Josef Karl Eichinger, M.D., FAANA
10:45-11:00 a.m.	Superior Capsular Reconstruction Faculty: Vani Sabesan, M.D.
11:00-11:20 a.m.	Case Presentations Moderator: Robert U. Hartzler, M.D., M.S.

	Panel: Vani Sabesan, M.D., Gabriella Ode, M.D., Nicholas A. Trasolini, M.D., Courtney Holland, M.D., Josef Karl Eichinger, M.D., FAANA
11:20-11:35 a.m.	Scope or Open? AC/CC Reconstruction Faculty: Courtney Holland, M.D.
11:35-11:50 a.m.	Scope or Open? Biceps Tenodesis Faculty: Nicholas A. Trasolini, M.D.
11:50-12:00 p.m.	Food Available in Auditorium Lobby
Noon-1:00 p.m.	Lunch and Non-CME Demonstration HTO and DFO Performed by: Michael J. Alaia, M.D. Moderated by: Bogdan A. Matache, M.D., F.R.C.S.C. Supported by: Bodycad
1:00-2:30 p.m.	Ultrasound Session Kyle Pilz, MMS, PA-C, Paige Maher, PA-C, Josef Karl Eichinger, M.D., Nicholas A. Trasolini, M.D.
2:30-3:15 p.m.	Practice Management Discussion Topics The Good, the Bad, and the Ugly – Debate Moderators: Jovan Laskovski, M.D., Brian R. Waterman, M.D., FAANA, Michael J. Alaia, M.D. Panel: Thomas H. Wuerz, M.D., M.Sc., Guillaume Dumont, M.D., Robert U. Hartzler, M.D., M.S., Gabriella Ode, M.D., Volker Musahl, M.D., Miho Jean Tanaka, M.D., M.A., Sanjeev Bhatia, M.D., Jonathan F. Dickens, M.D., L.T.C., M.C., Michael A. Zacchilli, M.D., FAAOS
3:15-3:45 p.m.	Brief Intermission Vendor Tables Available
3:45-4:30 p.m.	Non-CME Industry Spotlight Demo Hip Arthroscopy with the Advanced Surgical Experience Performed by: Thomas H. Wuerz, M.D., M.Sc., Andrea Spiker, M.D. Moderated by: Frank Winston Gwathmey, Jr., M.D., Diana Rebecca Silas, D.O. Supported by: Stryker
4:30-5:00 p.m.	Brief Intermission -CME Activity Resumes at 5:00 p.m. Food and Bar Available, Please Return to Auditorium by 5:00 p.m.
5:00-6:30 p.m.	Dinner Lectures and Panel Discussions Knee, Shoulder, Hip Case Panels Moderators: Albert Lin, M.D., Allston J. Stubbs, IV, M.D., M.B.A., Michael Pickell, M.D.
6:30 p.m.	Session Adjourns

Shoulder Focus

February 18th, 2023

6:45 a.m.	Please Arrive to the OLC
7-7:30 a.m.	Latarjet Technique Demonstration Faculty: Cory Edgar, M.D., PhD
7:30-11:30 a.m.	Cadaver Lab Session One Goals: Arthroscopic SLAP, Bankart, Posterior Labrum, Remplissage, Rotator Cuff Repair, Biceps Tenodesis
11:30 a.m.-Noon	Brief Intermission
Noon-12:45 p.m.	Lunch and Non-CME Demonstration Comprehensive Solutions to Shoulder Arthroscopy Performed by: Robert U. Hartzler, M.D., M.S. Moderated by: Albert Lin, M.D. Supported by: Stryker
12:45-1:30 p.m.	Lunch and Non-CME Demonstration MACI Procedure Performed by: John A. Grant, M.D., Ph.D., FRCSC Moderated by: Brian R. Waterman, M.D., FAANA Supported by: Vericel
2:00-3:00 p.m.	Cadaver Lab Session 2 Goals: Superior Capsular Reconstruction, Suprascapular Nerve Release, Latarjet
3:00 p.m.	Course Adjourns

AANA 6th Annual Fellows and Chief Residents Course – Knee Agenda

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February 17 th , 2023	
8:00-8:30 a.m.	Registration
8:30-8:50 a.m.	Course and Faculty Introductions
8:50-9:00 a.m.	Move to Breakout Sessions
	<p><u>Joint Specific Lectures Begin</u></p> <ul style="list-style-type: none"> • Shoulder Registrants Report to Auditorium A • Knee Registrants Report to Auditorium B • Hip Registrants Report to Auditorium C
9:00-9:10 a.m.	How to Handle Intra-operative Disasters in Primary ACL Surgery Faculty: Michael Pickell, M.D.
9:10-9:20 a.m.	Handling the Bone Tunnels in ACL Revision Surgery Faculty: Volker Musahl, M.D.
9:20-9:30 a.m.	Lateral Extra-Articular Tenodesis: When Do We Add? Faculty: Jonathan F. Dickens, M.D., L.T.C., M.C.
9:30-9:40 a.m.	Pediatric ACL Faculty: Cordelia Carter, M.D.
9:40-10:10 a.m.	Case Review: ACL Primary and Revision Surgery Moderator: Michael Pickell, M.D. Panel: Volker Musahl, M.D., Jonathan F. Dickens, M.D., L.T.C., M.C., Michael A. Zacchilli, M.D., FAAOS, Cordelia Carter, M.D.
10:10-10:20 a.m.	Patellar Instability: Numbers Aren't Everything - Lessons Learned Faculty: Miho J. Tanaka, M.D., M.A.
10:20-10:30 a.m.	Patellar Instability: Should We Ever Attack the Trochlea? Faculty: Cory Edgar, M.D., Ph.D.
10:30-10:40 a.m.	Patellofemoral Case Panel Moderator: Michael J. Alaia, M.D. Panel: Cory Edgar, M.D., Ph.D., Miho J. Tanaka, M.D., M.A., Michael Pickell, M.D.
10:40-10:55 a.m.	Managing Complex Joint Preservation: Tips and Tricks for Success Faculty: John A. Grant, M.D., Ph.D., FRCSC

10:55-11:05 a.m.	Refining High Tibial Osteotomies: Help Us Understand Faculty: Michael A. Zacchilli, M.D., FAAOS
11:05-11:20 a.m.	The Posterolateral Corner: My Happy Place Faculty: Michael J. Alaia, M.D.
11:20-11:35 a.m.	How to Make PCL Surgery Easy and Reproducible Faculty: Dustin Richter, M.D.
11:35 a.m.-Noon	Case Panel: Joint Preservation and the Disasteroma Moderator: John A. Grant, M.D., Ph.D., FRCSC Panel: Michael J. Alaia, M.D., Volker Musahl, M.D., Dustin Richter, M.D.
Noon-1 p.m.	Lunch and Non-CME Demonstration HTO and DFO Performed by: Michael J. Alaia, M.D. Moderated by: Bogdan A. Matache, M.D., F.R.C.S.C. Supported by: Bodycad
1:00-2:30 p.m.	Ultrasound Session Kyle Pilz, MMS, PA-C, Paige Maher, PA-C, Josef Karl Eichinger, M.D., Nicholas A. Trasolini, M.D.
2:30-3:15 p.m.	Practice Management Discussion Topics The Good, the Bad, and the Ugly – Debate Moderators: Jovan Laskovski, M.D., Brian R. Waterman, M.D., FAANA, Michael J. Alaia, M.D. Panel: Thomas H. Wuerz, M.D., M.Sc., Guillaume Dumont, M.D., Robert U. Hartzler, M.D., M.S., Gabriella Ode, M.D., Volker Musahl, M.D., Miho Jean Tanaka, M.D., M.A., Sanjeev Bhatia, M.D., Jonathan F. Dickens, M.D., L.T.C., M.C., Michael A. Zacchilli, M.D., FAAOS
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4:30-5:00 p.m.	Brief Intermission -CME Activity Resumes at 5:00 PM Food and Bar Available, Please Return to Auditorium by 5:00 p.m.
5:00-6:30 p.m.	Dinner Lectures and Panel Discussions Knee, Shoulder, Hip Case Panel Moderators: Albert Lin, M.D., Allston J. Stubbs, IV, M.D., M.B.A., Michael Pickell, M.D.
6:30 p.m.	Session Adjourns

Knee Focus

February 18th, 2023

6:45 a.m.	Please Arrive to the OLC
7:00-7:30 a.m.	Latarjet Technique Demonstration Faculty: Cory Edgar, M.D., PhD
7:30-11:30 a.m.	Cadaver Lab Session 1 Goals: PCL, PLC, PMC, MPFL
11:30 a.m.-Noon	Brief Intermission
Noon-12:45 p.m.	Lunch and Non-CME Demonstration Comprehensive Solutions to Shoulder Arthroscopy Performed by: Robert U. Hartzler, M.D., M.S. Moderated by: Albert Lin, M.D. Supported by: Stryker
12:45-1:30 p.m.	Lunch and Non-CME Demonstration MACI Procedure Performed by: John A. Grant, M.D., Ph.D., FRCSC Moderated by: Brian R. Waterman, M.D., FAANA Supported by: Vericel
2:00-3:00 p.m.	Cadaver Lab Session 2 Goals: Chondral Lesions, Osteotomies, MPFL, Meniscal Transplantation, Dissection
3:00 p.m.	Course Adjourns

AANA 6th Annual Fellows and Chief Residents Course – Hip Agenda

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9:00 a.m.-Noon	Joint Specific Lectures – Please Report to Auditorium C
9:10-9:20 a.m.	Diagnostic Workup for Hip Injuries – History, Exam, Imaging, Injections Faculty: Guillaume Dumont, M.D.
9:20-9:30 a.m.	Indications and Contraindications for Hip Arthroscopy Faculty: Sanjeev Bhatia, M.D.
9:30-9:40 a.m.	Operating Room Setup – Design, Team, Bed Selection, and Access Faculty: Robert W. Westermann, M.D.
9:40-9:50 a.m.	Capsular Management – Capsulotomy, Capsular Windows, Exposure, and Repair/Plication/Reconstruction Faculty: Thomas H. Wuerz, M.D., M.Sc.
9:50-10:00 a.m.	Labral Management – Debride, Repair, Reconstruct, Augment Faculty: Robert Parisien, M.D.
10:00-10:10 a.m.	Osseous Management – Pincer, AILS, Os, Acetabuli, Cam Faculty: Sanjeev Bhatia, M.D.
10:10-10:20 a.m.	When Hip Arthroscopy is Not Enough – When to Consider Open Surgery Faculty: Andrea Spiker, M.D.
10:20-10:30 a.m.	Prehab and Rehab Pearls and Controversies Faculty: Diana R. Silas, D.O.
10:30-10:40 a.m.	Intra and Post Op Complications – How to Minimize Risk and Manage Them Faculty: Frank Winston Gwathmey, Jr., M.D.
10:40-10:50 a.m.	Core Muscle Injuries – Athletic Pubalgia Faculty: Robert W. Westermann, M.D.

10:50-11:00 a.m.	Approach to the Failed Hip Patient Faculty: Allston J. Stubbs, IV, M.D., M.B.A.
11:00-11:10 a.m.	Management of the Peritrochanteric Space – Bursectomy, Endoscopic vs. Open Repair, Augmentation Faculty: Jovan Laskovski, M.D.
11:10-11:20 a.m.	Access and Portals – Tips and Tricks Faculty: Frank Winston Gwathmey, Jr., M.D.
11:20-11:35 a.m.	Hamstring Repair – Open versus Endoscopic: Graft Augmentation Faculty: Jovan Laskovski, M.D.
11:35-11:50 a.m.	Ischiofemoral Impingement, DGS, and Piriformis Syndrome Faculty: Anthony J. Scillia, M.D.
11:50 a.m.-Noon	Food Available in Auditorium Lobby
Noon-1 p.m.	Lunch and Non-CME Demonstration HTO and DFO Performed by: Michael J. Alaia, M.D. Moderated by: Bogdan A. Matache, M.D., F.R.C.S.C. Supported by: Bodycad
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Hip Focus

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7-7:30 a.m.	Latarjet Technique Demonstration Cory Edgar, M.D., PhD
7:30-11:30 a.m.	Cadaver Lab Session 1 Goals: Diagnostic Hip Arthroscopy, Hip Capsulotomy and Expose, Acetabuloplasty, Labral Repair
11:30 a.m.-Noon	Brief Intermission
Noon-12:45 p.m.	Lunch and Non-CME Demonstration Comprehensive Solutions to Shoulder Arthroscopy Performed by: Robert U. Hartzler, M.D., M.S. Moderated by: Albert Lin, M.D. Supported by: Stryker
12:45-1:30 p.m.	Lunch and Non-CME Demonstration MACI Procedure Performed by: John A. Grant, M.D., Ph.D., FRCSC Moderated by: Brian R. Waterman, M.D., FAANA Supported by: Vericel
2-3 p.m.	Cadaver Lab Session 2 Goals: Labral Repair, Femoroplasty, Capsular Closure/Plication, Endoscopic Iliotibial Band Resection
3:00 p.m.	Course Adjourns