

DATE: February 21-23, 2020

TIME: Fri 4:00pm – Sun 12:00pm

LOCATION: OLC

1002: 3rd Annual Fellows/Chief Residents

Course: Knee

You are encouraged to have breakfast prior to arriving to the course; refreshment breaks will be provided with coffee and snacks. Please bring writing materials.

Friday, February 21

Time:	Lab/Lecture Description:	Location
3-4 p.m.	Non-CME presentation: DePuy/Mitek Dynacord , <i>Cory Edgar, M.D., Ph.D., Denver T. Stanfield, M.D.</i> Coffee served 3-8:30 p.m. at the OLC.	Auditorium B
4-4:10 p.m.	Course Welcome/Intro to Friday Rotations, <i>Denver T. Stanfield, M.D.</i>	Auditorium B
4:10-5:20 p.m.	Group 1: Biologics and Regenerative Medicine Techniques, <i>Jeremy M. Burnham, M.D., Jorge Chahla, M.D., Ph.D., Jeremy Alland, M.D., Jerrica Watson, PA</i>	Aud B
4:10-5:20 p.m.	Group 2: Ultrasound, <i>Josef K. Eichinger, M.D., Sanjeev Bhatia, M.D., Kyle Pilz, MMS, PA-C, Paige Maher, PA-C</i>	Aud A
5:20-6:30 p.m.	Group 2: Biologics and Regenerative Medicine Techniques, <i>Jeremy M. Burnham, M.D., Jorge Chahla, M.D., Ph.D., Jeremy Alland, M.D., Jerrica Watson, PA</i>	Aud B
5:20-6:30 p.m.	Group 1: Ultrasound, <i>Josef K. Eichinger, M.D., Sanjeev Bhatia, M.D., Kyle Pilz, MMS, PA-C, Paige Maher, PA-C</i>	Aud A
6:30-7 p.m.	Billing and DME Coding Session. Dinner Served!	Aud B
7-7:10 p.m.	Begin CME Program: Introduction of Course Directors, Associate Instructors, Course Description and Goals, <i>Brian R. Waterman, M.D.</i>	Aud B
7:10-8:40 p.m.	7:10: Meniscal Repair: Root, Ramp and Current Concepts for 2020, <i>Jorge Chahla, M.D., Ph.D.</i> 7:20: Biologic Augmentation of Meniscal Repair: Options and Evidence, <i>Jeremy M. Burnham, M.D.</i> 7:30: Interpretation of Advanced Ultrasound Reading, <i>Erin F. Alaia, M.D.</i> 7:40: OR Management: Efficiency and Simplicity, <i>Michael B. Banffy, M.D.</i> 7:50: MSC's Update: What the Evidence Says, What to Use and When, <i>Gabriella Ode, M.D.</i> 8:00: Hip, Knee and Shoulder Basic Cases, <i>Cory Edgar, M.D., Ph.D., Josef K. Eichinger, M.D., Jovan Laskovski, M.D., Sanjeev Bhatia, M.D., Grant E. Garrigues, M.D., Justin W. Griffin, M.D., Courtney A. Holland, M.D., Jorge Chahla, M.D., Ph.D., Robert U. Hartzler, M.D., Timothy S. Leroux, M.D., M.Ed., Anthony J. Scillia, M.D.</i> 8:30: Ethics, Education, Giving, Pass It On: Review of Saturday Start Time & Plan for Day, <i>Denver T. Stanfield, M.D.</i>	Aud B
8:45 p.m.	Faculty Dinner	

Saturday, February 22		
7-7:10 a.m.	CME Program Begins: Orientation to the Lab, <i>Josef K. Eichinger, M.D.</i> Coffee served 7-9 a.m at the OLC.	Aud B
	Move to Joint Specific Lectures: Hip-Aud C, Shoulder-Aud A, Knee-Aud B	
7:15-7:25 a.m.	Meniscal Repair: All Inside, Inside Out, Outside In, <i>Denver T. Stanfield, M.D.</i>	Aud B
7:25-7:35 a.m.	ACL Reconstruction in Skeletally Immature Patients, <i>Courtney A. Holland, M.D.</i>	
7:35-7:45 a.m.	Quad Tendon Primary ACL: Why and How, <i>Nathan K. Endres, M.D.</i>	
7:45-7:55 a.m.	Chondral Injury: Small (<2cm) Fixation, Drilling and Biologics, <i>Michael J. Alaia, M.D.</i>	
7:55-8:05 a.m.	ACL Reconstruction Bone Tendon Bone Autograft, <i>Christopher Y. Kweon, M.D.</i>	
8:05-8:15 a.m.	ACL Reconstruction Hamstring Autograft: Harvest and Fixation, <i>Catherine Hui, M.D.</i>	
8:15-8:35 a.m.	Discussion: ACL revision, <i>Nathan K. Endres, M.D., Michael J. Alaia, M.D., Christopher Y. Kweon, M.D., Courtney A. Holland, M.D., Catherine Hui, M.D.</i>	
8:40am-12 p.m.	Move to Lab: Approaches, Meniscal Repair, Root Repair, ACL and ACL Revision, Small Chondral Treatment	Cadaver Lab
9:30am	DEMO: Hamstring Tendon Harvest and Prep with Discussion, Catherine Hui, M.D.	Hui's station
10 a.m.	DEMO: Quad Tendon Harvest and Prep with Discussion, Nathan K. Endres, M.D.	Endres' station
12-12:45 p.m.	Lunch and Lectures. Coffee served 12-1:30 p.m. at the OLC. 12:00: Announcements, <i>Denver T. Stanfield, M.D.</i> 12:05: "I Have Something to Disclose": Navigating Industry Relationships, <i>Justin W. Griffin, M.D.</i> 12:15: I Just Dropped My Graft on the OR Floor! Now What? <i>Aman Dhawan, M.D.</i> 12:25: Bad Things, Good People: Common Pitfalls in the First-year Practice, <i>Robert U. Hartzler, M.D.</i> 12:35: The Chairman's Top Ten: Practice Tips for Young Surgeons, <i>Denver T. Stanfield, M.D.</i>	Auditorium B
	Separate to Lectures, Hip-Aud B, Shoulder-Aud A, Knee-Aud C	
12:50-1:20 p.m.	12:50: Posterior Cruciate Ligament – Who, When, How & Rehab, <i>Aman Dhawan, M.D.</i> 1:00: Posterior Lateral Corner Reconstruction, <i>Jeremy M. Burnham, M.D.</i> 1:10: ACL Augmentation: ALL Reconstruction/Lateral Extra-articular Tenodesis (LET), <i>Jorge Chahla, M.D., Ph.D.</i> 1:20: Proximal Patellar Stabilization Procedures: Options and Tips, <i>Cory Edgar, M.D., Ph.D.</i>	Aud C
1:30-5 p.m.	Lab: PCL, PLC, PMC, MPFL	Cadaver Lab
1:40-2:30 p.m.	DEMO: Lateral Extra-articular Tenodesis, <i>Jorge Chahla, M.D., Ph.D.</i>	Chahla's station
4:55 p.m.	ALL LAB ACTIVITY MUST STOP	
5 p.m.	Pizza Dinner Served! Coffee served 5-8:30 p.m. at the OLC.	
5-6 p.m.	Non-CME Presentation: DePuy/Mitek Arthroscopic Latarjet Procedure, Grant E. Garrigues, M.D.	Aud B
6-6:55 p.m.	Non-CME presentation: Vericel MACI. Brian R. Waterman, M.D.	Aud B
7-8:30 p.m.	CME Lectures: 7:00: Case Presentations/Panel Discussion, <i>Thomas H. Wuerz, M.D., MSC, Michael J. Alaia, M.D., Robert U. Hartzler, M.D., Nathan K. Endres, M.D., Josef K. Eichinger, M.D., Jovan Laskovski, M.D., Michael B. Banffy, M.D., Drew Lansdown, M.D., Christopher Y. Kweon, M.D.</i> 7:45: Practice Management Discussion/Questions/Open Q&A, Moderated by <i>Justin W., Griffin, M.D., Courtney A. Holland, M.D., Andrew J. Rogers, III, M.D.</i> Panel: <i>Grant E. Garrigues, M.D., Brian R. Waterman, M.D., Kevin W. Farmer, M.D., Cassandra A. Lee, M.D., Timothy S. Leroux, M.D., Xinning Li, M.D., Gabriella Ode, M.D., Robert W. Westermann, M.D.</i>	

Last Updated 2/18/20

	8:20: Wrap up/Sunday plan, <i>Denver T. Stanfield, M.D.</i>	
	Sunday, February 23	
7:30-7:35 a.m.	CME Session begins: Announcements, Sunday Schedule, <i>Denver T. Stanfield, M.D.</i> Coffee served 7:30-9 a.m. at the OLC.	Aud B
7:35-7:45 a.m.	Team Physician: Roles and Responsibilities, <i>Kevin W. Farmer, M.D.</i>	
7:45-7:55 a.m.	AANA Membership: Ways to Get (and Stay) Involved After Fellowship, <i>Brian R. Waterman, M.D.</i>	
7:55-8:05 a.m.	ABOS: Not a Four Letter Word! Tips for Preparing for Parts 1 & 2, <i>Drew Lansdown, M.D.</i>	
8:05 a.m.	Separate to Lectures, Hip-Aud A, Shoulder-Aud C, Knee-Aud B	
8:10-8:20 a.m.	High Tibial Osteotomy, Distal Femoral Osteotomy, <i>Catherine Hui, M.D.</i>	Aud B
8:20-8:30 a.m.	Large Chondral Allograft, <i>Nicholas Early, M.D.</i>	
8:30-8:40 a.m.	Meniscus Allograft Transplantation Questions, <i>Cory Edgar, M.D., Ph.D.</i>	
8:40-8:50 a.m.	Tibial Tubercle Osteotomy, Questions – <i>Aman Dhawan, M.D.</i>	
8:50 a.m. – 12 p.m.	Move to Lab: Chondral lesions, Osteotomies, MPFL, Meniscal Transplantation, Dissection	Cadaver Lab
9 a.m.	DEMO: Large Chondral Allograft, <i>Nicholas K. Early, M.D.</i>	Early's station
12 p.m.	Course Adjourns	

MANY THANKS to our faculty:

Course Co-Chairs:

Denver T. Stanfield, M.D.

Brian R. Waterman, M.D.

Jovan Laskovski, M.D.

Master Instructors:

Cory Edgar, M.D., Ph.D.

Josef K. Eichinger, M.D.

Thomas H. Wuerz, M.D., MSc

Faculty:

Erin F. Alaia, M.D., Michael J. Alaia, M.D., Jeremy Alland, M.D., Michael B. Banffy, M.D., Sanjeev Bhatia, M.D., Jeremy M. Burnham, M.D., Jorge Chahla, M.D., Ph.D., Aman Dhawan, M.D., Nicholas Early, M.D., Nathan K. Endres, M.D., Kevin W. Farmer, M.D., Grant E. Garrigues, M.D., Justin W. Griffin, M.D., Robert U. Hartzler, M.D., M.S., Courtney A. Holland, M.D., Catherine Hui, M.D., Richard W. Kang, M.D., Christopher Y. Kweon, M.D., Drew Lansdown, M.D., Cassandra A. Lee, M.D., Timothy S. Leroux, M.D., M.Ed., Xinning Li, M.D., Paige Maher, PA-C, Derek H. Ochiai,

Last Updated 2/18/20

M.D., Gabriella Ode, M.D., Kyle Pilz, MMS, PA-C, Andrew Riff, M.D., Andrew J. Rogers, III, M.D., Anthony J. Scillia, M.D., Jerrica Watson, PA, Robert W. Westermann, M.D.

Learning Objectives

At the completion of this course the participant will be able to:

1. Identify routine and advances surgical techniques for the hip, knee, and/or shoulder to further understanding and technical skill in joint arthroscopy.
2. Recognize the open surgical techniques necessary for extra articular repair or reconstruction of the hip, knee, and/or shoulder.
3. Gain awareness of aspects surrounding orthopaedic practice management as well as office development, decision-making, and office procedure.

AANA Mobile App

This course will be available for participants to download at least *one week prior* to the course start date on the AANA Mobile app. It is available on [Android](#), [iOS](#), and [Amazon Kindle](#).

Target Audience

The primary target audience for 3rd Annual Fellows Course are Orthopaedic Fellows and Chief Residents.

Statement of Need

AANA has determined the need for this live educational activity based on identifying professional practice gaps, previous course evaluations and the AANA Self-Assessment Examination. The educational content of this activity was based upon current issues and topics provided by AANA Planning Committees and Membership.

Continuing Medical Education/Credit Designation

The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Arthroscopic Association of North America designates this live activity for a maximum of 18.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity may also help fulfill the Maintenance of Certification credit requirements mandated by the American Board of Orthopaedic Surgery.