

AANA Middle East Arthroscopy Master Course: Optimizing Skills in Knee and Shoulder Arthroscopy

Mohammed Bin Rashid Academic Medical Center

Dubai, United Arab Emirates

September 5-7, 2019

co-sponsored by the Emirates Orthopaedic Society

Day 1: Optimizing Skills in Knee Arthroscopy

7:00am REGISTRATION

8:00am WELCOME

Faculty Introductions
Goals and Purpose/ Review Agenda
Corporate Sponsor Acknowledgment

Mark Hutchinson, MD/
Philippe Landreau, MD

Welcome – Emirates Orthopaedic Society

Ali Ai Suwaidi, MD

AANA and Opportunities for You

Robert Hunter, MD

How to: Knee Portals & Diagnostic Knee Arthroscopy

Pietro Tonino, MD

How to: Meniscectomy and Meniscus Repair

Robert Hunter, MD

9:00am **Small Group Work - A**

| Group I: LAB | Group II: LECTURE |
|-------------------|----------------------------|
| Basic Knee Skills | How To: ACL Reconstruction |
| Portals, Dx Scope | Graft Choice Debate |
| Meniscectomy | How To: Cartilage |
| Meniscus Repair | Knee Dissection Video |
| Chondroplasty | |
| Synovectomy | |
| Loose Bodies | |

10:30am **Small Group Work – Groups Switch**

| Group I: LECTURE | Group II: LAB |
|----------------------------|-------------------|
| How To: ACL Reconstruction | Basic Knee Skills |
| Graft Choice Debate | Portals, Dx Scope |
| How To: Cartilage | Meniscectomy |
| Knee Dissection Video | Meniscus Repair |
| | Chondroplasty |
| | Synovectomy |
| | Loose Bodies |

12:00 LUNCH

1:00pm Small Group Work - B

| Group I: LECTURE | Group II: LAB |
|-------------------------------|----------------------|
| How to: PCL/PLRI | Advanced Knee Skills |
| How to: MPFL | ACL Reconstruction |
| Extra-Articular/ALL | |
| How to: MCL/Posteromedial | |
| Rehab/RTP – Ligament Injuries | |

3:00pm Small Group Work - Groups Switch

| Group I: LAB | Group II: LECTURE |
|---------------------|-------------------------------|
| Advance Knee Skills | How to: PCL/PLRI |
| ACL Reconstruction | How to: MPFL |
| | Extra-Articular/ALL |
| | How to: MCL/Posteromedial |
| | Rehab/RTP – Ligament Injuries |

5:00pm CLOSING REMARKS

Mark Hutchinson, MD

5:00pm –
6:00pm OPEN FORUM

Day 2: Optimizing Skills in Shoulder Arthroscopy

7:00am REGISTRATION

8:00am WELCOME

Faculty Introductions
Goals and Purpose/ Review Agenda
Corporate Sponsor Acknowledgment

Mark Hutchinson, MD/
Philippe Landreau, MD

AANA and Opportunities for You

Robert Hunter, MD

How To: Shoulder Portals & Diagnostic Shoulder Arthroscopy

Pietro Tonino, MD

How To: Arthroscopic Knot Tying: The Basics

Mark Hutchinson, MD

How to: Labral Repair/SLAP Repair

Joe Tauro, MD

9:15am Small Group Work – C

| Group I: LECTURE | Group II: LAB |
|---|-----------------|
| How to: Subacromial Decompression And Distal Clavicle Excision | GH Arthroscopy |
| Subscapularis Repair | Labral Repair |
| How to: Arthroscopic Rotator Cuff | SLAP Repair |
| Guided Shoulder Dissection Video | Biceps Tenotomy |

10:45am **Small Group Work - Groups switch**

| Group I: LAB | Group II: LECTURE |
|------------------------|---|
| GH Arthroscopy | How to: Subacromial Decompression And Distal Clavicle Excision |
| Labral Repair | Subscapularis Repair |
| SLAP Repair | How to: Arthroscopic Rotator Cuff |
| Biceps Tenotomy | Guided Shoulder Dissection Video |

12:30pm **LUNCH**

1:30pm **Small Group Work - D**

| Group I: LECTURE | Group II: LAB |
|---|---------------------------------|
| Bone Loss/Remplissage | Subacromial Decompress |
| What to do with Stiff Shoulder/Adhesive Capsulitis | Distal Clavicle Excision |
| Laterjet: Open vs Arthroscopic | Cuff Repair |
| Dealing with Micro-Macro Laxity | Dissection |

3:15pm **Small Group Work - Groups Switch**

| Group I: LAB | Group II: LECTURE |
|---------------------------------|---|
| Subacromial Decompress | Bone Loss/Remplissage |
| Distal Clavicle Excision | What to do with Stiff Shoulder/Adhesive Capsulitis |
| Cuff Repair | Laterjet: Open vs Arthroscopic |
| Dissection | Dealing with Micro-Macro Laxity |

5:00 pm **CLOSING REMARKS**

Mark Hutchinson, MD

5:00pm - 600pm **OPEN FORUM**

Day 3: Arthroscopic Challenges & Pearls: An Interactive Case-Guided Experience

This day is designed to be an interactive format of case-based learning. It will be a non-lab based course. Key topics and challenges in knee and shoulder arthroscopy will be sequentially addressed. An expert moderator will collect challenging cases from regional faculty experts to motivate discussion both by faculty panels with audience questions as well as small group break-out to address challenges in smaller group format. At the end of each session selected cases brought by the attendees will be fielded by the expert faculty panel.

7:00am **REGISTRATION**

8:00am **WELCOME**

**Welcome & One Day Mission
Faculty Introductions
Goals and Purpose/ Review Agenda**

**Mark Hutchinson, MD/
Philippe Landreau, MD**

AANA and Opportunities for You

Robert Hunter, MD

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|---------|--|---|
| 8:25am | Faculty Case Meniscus Challenges Challenging Cases from Attendees | <i>Moderator:</i> Pietro Tonino, MD <i>Panelists:</i> Robert Hunter, MD Abdulaziz Alomar, MD Nadar Darwich, MD Sultan Al Maskari, MD |
| 9:05am | Faculty Case Challenges of ACL Challenging Cases from Attendees | <i>Moderator:</i> Robert Hunter, MD <i>Panelists:</i> Pietro Tonino, MD Ali Al Belooshi, MD Charles Brown, MD Philippe Landreau, MD Mohammed Razi, MD |
| 9:45am | BREAK | |
| 10:15am | Faculty Case Challenges of Knee Cartilage Challenging Cases from Attendees | <i>Moderator:</i> Joe Tauro, MD <i>Panelists:</i> Pietro Tonino, MD Abdulaziz Alomar, MD Nadar Darwich, MD Philippe Landreau, MD Sultan Al Maskari, MD |
| 10:55am | Faculty Case Multi-Ligament Knee Challenges Challenging Cases from Attendees | <i>Moderator:</i> Philippe Landreau, MD <i>Panelists:</i> Robert Hunter, MD Mark Hutchinson, MD Ali Al Belooshi, MD Charles Brown, MD Mohammed Razi, MD |
| 11:35am | Faculty Case Challenges of Patellofemoral Challenging Cases from Attendees | <i>Moderator:</i> Mark Hutchinson, MD <i>Panelists:</i> Abdulaziz Alomar, MD Ali Al Belooshi, MD Charles Brown, MD Nadar Darwich, MD Sultan Al Maskari, MD Mohammed Razi, MD |
| 12:15pm | LUNCH | |
| 1:30pm | Faculty Case Challenges: Shoulder Instability/Labrum Challenging Cases from Attendees | <i>Moderators:</i> Joe Tauro, MD Pietro Tonino, MD <i>Panelists:</i> Riad Abutalib, MD Philippe Landreau, MD Ali Maqdes, MD Ali Al Suwaidi, MD |

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|--------|---|--|
| 2:15pm | Faculty Case Challenges: Shoulder Instability/Bone Loss Challenging Cases from Attendees | <i>Moderators:</i> Philippe Landreau, MD Joe Tauro, MD <i>Panelists:</i> Fariborza Azizi, MD Boris Poberaj, MD Saeed Al Thani, MD |
| 3:00pm | BREAK | |
| 3:30pm | Faculty Case Challenges: Shoulder Cuff Challenging Cases from Attendees | <i>Moderators:</i> Robert Hunter, MD Joe Tauro, MD <i>Panelists:</i> Riad Abutalib, MD Philippe Landreau, MD Ali Maqdes, MD Ali Al Suwaidi, MD |
| 4:15pm | Faculty Case Challenges: Biceps/SLAP Challenging Cases from Attendees | <i>Moderators:</i> Mark Hutchinson, MD Philippe Landreau, MD <i>Panelists:</i> Fariborza Azizi, MD Boris Peberaj, MD Saeed Al Thani, MD |
| 5:00pm | CLOSING REMARKS | Mark Hutchinson, MD Philippe Landreau, MD |