

AOSSM	AANA
President Rick W. Wright, MD	**President** Kevin Bonner, MD
Program Chairs Sommer Hammoud, MD Robert Brophy, MD	**Program Chairs** Aaron Krych, MD Rachel M. Frank, MD

FEATURED LECTURES - AOSSM Kennedy Award Lecture: Robert Stanton, MD | AANA Innovation Lecture: Andrew D. Pearle, MD

This AOSSM and AANA 2027 Specialty Day course will provide an engaging, evidence-based review of current concepts and evolving techniques in sports medicine, with a focus on challenging clinical decision-making in the shoulder, knee, and hip. Through a combination of contemporary research, abstract presentations, expert debates, technical videos, and complex case-based panel discussions, faculty will explore emerging evidence and areas of ongoing controversy in the management of athletic injuries. The course will provide participants with practical insights into surgical indications, treatment strategies, and evolving techniques that can be applied to clinical practice.

2027 Specialty Day

CME Credit Information

Upon successful completion of this CME activity, learners will be eligible to earn CME credit. **CME credit will be available approximately six weeks after the meeting.** At that time, AOSSM will email registrants with instructions on how to claim CME credit and obtain their certificate through the AOSSM website. At that time, AOSSM will email registrants with instructions on how to claim CME credit and obtain their certificate through the AOSSM website.

For additional information, please visit www.sportsmed.org or contact the AOSSM office at (847) 292-4900.

Accreditation

The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designation

2027 Specialty Day Program

- AOSSM designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Learning Objectives:

At the conclusion of this course, participants will be able to:

1. Evaluate current evidence and emerging research in the diagnosis and treatment of complex shoulder, knee, and hip conditions in athletic patients.
2. Apply evidence-based clinical decision-making when selecting among surgical and nonsurgical treatment strategies for challenging sports medicine cases, including shoulder instability, cartilage and meniscal pathology, ACL injuries, rotator cuff pathology, and hip preservation.
3. Discuss contemporary surgical techniques and evolving treatment strategies and identify how emerging technologies, biologics, and innovations may influence the future management of sports-related injuries.

Program Schedule

Breakfast and Check-In
6:30 am - 7:00 am

7:00 am - 7:05 am- Welcome
AANA and AOSSM Presidents and Program Chairs

Shoulder Instability: When the First Fix Isn't Enough
7:05 am - 8:05 am
Moderators:
Matthew T. Provencher MD, MBA
Sara L. Edwards, MD

Time	*Presentation Title*	*Faculty*
7:05 am - 7:06 am	Introductions	
7:06 am - 7:11 am	Paper 01- Is the B0 Glenoid Real? Identification and Definition of a Distinct Entity within a population of arthroscopically treated posterior instability patients.	Jonathan Bravman, MD
7:11 am - 7:16 am	Paper 02- Remplissage Capsulomyodesis Demonstrates Durable Healing on MRI at Long-Term Follow-Up Without Correlation to Clinical Outcomes	Ryan Gilbert
7:16 am - 7:21 am	Top Three Shoulder Instability Papers in 5 Minutes	Justin W. Arner, MD
Transition Time		
7:22 am - 7:23 am	Debate Introduction- 16 year old male, football linebacker, BMI 40, s/p arthroscopic bankart repair (no remplissage, no prior hill-sachs lesion), now with recurrent dislocation 9m postop after adequate rehab. Now what?	Moderators
7:23 am - 7:28 am	Debate: Open Bankart Repair	Seth Gamradt, MD
7:28 am - 7:33 am	Debate: Arthroscopic Revision Bankart plus Remplissage	Brian R. Waterman, MD
7:33 am - 7:38 am	Debate: Bone Block	Nikhil N. Verma, MD
7:38 am - 7:43 am	Debate Voting and Discussion	
7:43 am - 8:00 am	Case Presentations and Panel Discussion	Moderators: • Matthew T. Provencher MD, MBA • Sara L. Edwards, MD Panelists: • Brian R. Waterman, MD • Nikhil N. Verma, MD • Jonathan Dickens, MD

Shoulder Instability: When the First Fix Isn't Enough **7:05 am - 8:05 am** **Moderators:** **Matthew T. Provencher MD, MBA** **Sara L. Edwards, MD**		
		• Justin Arner, MD • Seth Gamradt, MD
8:00 am - 8:05 am	Q&A	

Knee- Meniscus & Cartilage: Preserve, Restore or Realign? **8:05 am - 9:05 am** **Moderators:** **Adam J. Tagliero, MD- Mayo Clinic** **Elizabeth R. Dennis, MD, MS- Mount Sinai Orthopedics**		
Time	*Presentation Title*	*Faculty*
8:05 am - 8:06 am	Introductions	
8:06 am - 8:11 am	Paper 03- A Meniscus Repair Risk Score Predicts Revision Surgery After All-Inside Meniscus Repair	Yunseo Linda Park, BS
8:11 am - 8:16 am	Paper 04- Subclinical Varus Alignment Predicts Failure After Isolated Medial Meniscus Root Repair	Elise Bixby, MD
	Transition Time	
8:17 am - 8:20 am	Debate Introduction- Surface based grade 4 patella central-medial facet 20x20, no bony involvement. What do you do? TTO and cell-based cartilage repair; vs OCA	Moderators
8:20 am - 8:25 am	Debate: TTO and cell-based cartilage repair	Miho Tanaka, MD
8:25 am - 8:30 am	Debate: OCA	Seth L. Sherman, MD
8:30 am - 8:31 am	Debate Discussion	
8:31 am - 8:37 am	Video Spotlight- Medial opening wedge HTO plus Medial Meniscus Root Repair	Leah C. Brown, MD
8:37 am - 9:00 am	Case Presentations and Panel Discussion	Moderators: • Adam J. Tagliero, MD • Elizabeth R. Dennis, MD Panelists • Seth L. Sherman, MD • Leah C. Brown, MD • Miho Tanaka, MD • Beth E. Shubin Stein, MD
9:00 am - 9:05 am	Q&A	

AANA Innovation Lecture- The Augmented Surgeon: from Ambient Documentation to Digital Twins in AI-Assisted Orthopedic Care
9:05 am - 9:35 am

Introduction- Kevin Bonner, MD

AANA Innovation Lecturer- Andrew D. Pearle, MD

Break
9:35 - 9:45 am

Shoulder Rotator Cuff: Repair, Augment or Rethink?
9:45 am - 10:45 am

Moderators:
John M. Tokish, MD- Mayo Clinic
Mary K. Mulcahey, MD- Loyola University Medical Center

Time	*Presentation Title*	*Faculty*
9:45 am - 9:46 am	Introductions	
9:46 am - 9:51 am	Paper 05- Pre-operative Shear Wave Elastography is Predictive of Repair Integrity in Rotator Cuff Repairs: A Prospective Cohort Study	Antonette (Jama) Bilog, MD
9:51 am - 9:56 am	Paper 06- Omitting Proximal Tenotomy After Biceps Tenodesis is Not Associated with an Increase in Short-Term Complications in Rotator Cuff Repair Patients	Noah Feder
Transition Time		
9:57 am - 9:58 am	Debate Introduction- 28M professional MLB pitcher, RHD, can't perform, failed all non-op, MRI with 60% pasta and split tear in proximal biceps tendon	Moderators
9:58 am - 10:03 am	Debate: Cuff debridement, patch augmentation, +/- biceps tenodesis	Gabriella E. Ode, MD
10:03 am - 10:08 am	Debate: complete tear and repair, +/- biceps tenodesis	Asheesh Bedi, MD
10:08 am - 10:09 am	Debate Discussion	
10:09 am - 10:14 am	Video Spotlight- Patch Augmentation	Michael J. O'Brien, MD
10:14 am - 10:40 am	Case Presentations and Panel Discussion	Moderators: • John M. Tokish, MD • Mary K. Mulcahey, MD Panelists: • Gabriella E. Od, MD • Asheesh Bedi, MD • Jeffrey Hassebrock, MD • Michael J. O'Brien, MD

Shoulder Rotator Cuff: Repair, Augment or Rethink? **9:45 am - 10:45 am** **Moderators:** **John M. Tokish, MD- Mayo Clinic** **Mary K. Mulcahey, MD- Loyola University Medical Center**		
10:40 am - 10:45 am	Q&A	

AOSSM Kennedy Lecture- AOSSM Kennedy Lecture- Ethics and Sports Medicine in the Age of NIL **10:45 am - 11:15 am** **Introduction- Rick W. Wright, MD** **AOSSM Kennedy Lecturer- Robert Stanton, MD**

Lunch Break- 11:15 - 11:30 am

Lunch, Learn & Leadership **11:30 am - 12:00 pm**		
Time	*Title*	*Faculty*
1 min	Introductions	
11:31 am - 11:40 am	Navigating Change: Leadership in Sports Medicine and Arthroscopy Practice Today	Brian Waterman, MD
11:40 am - 11:49 am	Leadership in Action: Three Pearls from a Career in Sports Medicine	Dean Taylor, MD
11:49 am - 12:00 PM	Discussion and Q&A	

ACL Revision: Graft, Slope & Stability **12:00 pm - 1:00 pm** **Moderators:** **Walter R. Lowe, MD** **Jeremy M. Burnham, MD**		
Time	*Presentation Title*	*Faculty*
12:00 pm - 12:01 pm	Introductions	
12:01 pm - 12:06 pm	Paper 07- Adding Lateral Extraarticular Tenodesis Does Not Increase Rates of Arthrofibrosis After Quadriceps Tendon Autograft ACL Reconstruction in Adolescent Patients	Evan P. Bailey, MD
12:06 pm - 12:11 pm	Paper 08- Isokinetic Strength Recovery Is Delayed One Year for Quadriceps Versus Bone–Patellar Tendon–Bone Autograft Anterior Cruciate Ligament Reconstruction	Collin Nguyen, BS
Transition Time		
12:12 pm - 12:15 pm	Debate Introduction- 30-year-old female, prior ACLR w HS autograft at age 15, knee has never felt quite right but now feels unstable. Beighton 0,	

ACL Revision: Graft, Slope & Stability **12:00 pm - 1:00 pm** **Moderators:** **Walter R. Lowe, MD** **Jeremy M. Burnham, MD**		
	Tunnels usable/avoidable. Slope 14. No ATT. Medial meniscus intact.	
12:15 pm - 12:20 pm	Debate: Single-stage revision ACLR w BTB/Quad Auto and LET	Elizabeth G. Matzkin, MD
12:20 pm - 12:25 pm	Debate: ACW HTO with single-stage revision ACLR w BTB/Quad Auto and LET	Armando F. Vidal, MD
12:25 pm - 12:26 pm	Debate Discussion	
12:26 pm - 12:31 pm	Video Technique- MCL	David L. Bernholt, MD
12:31 pm - 12:55 pm	Case Presentations and Panel Discussion	Moderators: • Walter R. Lowe, MD • Jeremy M. Burnham, MD Panelists: • Elizabeth G. Matzkin, MD • Armando F. Vidal, MD • David L. Bernholt, MD • Jaqueline Brady, MD
12:55 pm - 1:00 pm	Q&A	

Hip Preservation: What Works, What's New & What's Next **1:00 pm - 2:00 pm** **Moderators:** **Mario Hevesi, MD, PhD- Mayo Clinic** **Stephanie S. Buza, MD**		
Time	Presentation Title	Faculty
1 min	Moderator Introductions	
1:01 pm - 1:06 pm	Paper 09: Hip Arthroscopy for Femoroacetabular Impingement Syndrome Yields Durable Functional Improvements and Comparable Reoperation Rates in Patients Over 50 Years Old at Average 15-Year Follow-Up	Thomas Youm, MD
1:06 pm - 1:11 pm	Paper 10: 18F-FDG PET/MRI Identifies Previously Unrecognized Pain Generators in Patients with Persistent Pain After Hip Surgery	Andrea Spiker, MD
Transition		
1:13 pm - 1:18 pm	Fact or Fiction? We Can Accelerate Healing for Hamstring and Adductor Injuries in our Athletes with Biologics	Jason L. Dragoo, MD
1:18 pm - 1:23 pm	Video Spotlight: Labral Repair 2.0: Save the Seal with My Knotless Technique for Anatomic Labral Restoration	John J. Christoforetti, MD
1:23 pm - 1:28 pm	The Three Papers That Changed My Hip Preservation Practice in 2027	Alan L. Zhang, MD

Hip Preservation: What Works, What's New & What's Next **1:00 pm - 2:00 pm** **Moderators:** **Mario Hevesi, MD, PhD- Mayo Clinic** **Stephanie S. Buza, MD**		
1:28 pm - 1:29 pm	Debate Introduction- 20 yo F Division I women's soccer player failed non-op with borderline acetabular dysplasia (LCEA 20°, Tönnis 11°), mild cam morphology (alpha 62°), labral tear with preserved cartilage	Moderators
1:29 pm - 1:34 pm	Debate: The College Athlete's Borderline Hip: It will Fail without the PAO	Andrea M. Spiker, MD
1:34 pm - 1:39 pm	Debate: The College Athlete's Borderline Hip: Comprehensive Arthroscopy is the Answer!	Jeffrey J. Nepple, MD, MS
1:39 pm - 1:40 pm	Debate Discussion	
1:40 pm - 1:55 pm	Case Presentations and Panel Discussion	Moderators: • Mario Hevesi, MD, PhD • Stephanie S. Buza, MD Panelists: • Jason L. Dragoo, MD • John J. Christoforetti, MD • Alan L. Zhang, MD • Andrea M. Spiker, MD • Jeffrey J. Nepple MD, MS
1:55 pm - 2:00 pm	Q&A	

Adjourn **2:00 pm**

2027 AOSSM/AANA Specialty Day Meeting Website- 2027 Specialty Day

AAOS Annual Meeting Website- AAOS Annual Meeting | Orthopaedic Education, Innovation & Networking

Contact AOSSM at education@aossm.org with any questions.