

AANA/AMECRA/SLARD Advanced Knee and Shoulder Course

February 12-13, 2027

Arthrex ArthroLab Facility, Naples, FL

Course Agenda

Optimizing Surgical Outcomes: “Be the Best You Can Be” Knee Focus	
February 12, 2027	
7:00-7:30 a.m.	Registration
7:30-7:40 a.m.	Introduction and Course Overview TBD
7:40-7:55 a.m.	<i>Optimizing Knee Arthroscopy, Portals, Cadavers and Using the ASSET Feedback Tool</i> TBD
7:55-8:10 a.m.	<i>Optimizing Meniscus Repairs</i> TBD
8:10-8:30 a.m.	Transition to Lab
8:30-9:15 a.m.	Lab: Knee Arthroscopy, ASSET Evaluation for Each Student, Meniscus Repairs
9:15-9:30 a.m.	<i>Optimizing ACLR: Notchplasty, Tunnel Placement, Graft Passage</i> TBD
9:30-9:45 a.m.	<i>Optimizing ACLR: Graft Choices, Quad Tendon Technique, Fixation Options</i> TBD
9:45-10:00 a.m.	<i>LET vs. ALL: Technical Pearls:</i> TBD
10:00 a.m.-Noon	Lab: ACLR+/LET (Graft Choice by Student)
Noon-1:00 p.m.	Lunch Arthrex Overview, Facility Tours (1 hr. walking tour) Return to Auditorium by 1:00 p.m. for Afternoon Lectures

1:00-1:20 p.m.	Track 1: Optimizing Patellar Instability: Lateral Release, Arthroscopic Reefing, MPFL Optional: Tibial Tubercle Transfer TBD
1:20-1:40 p.m.	Track 2: Optimizing Cartilage Restoration: Microfractures, OATS Optional: HTO TBD
1:40-2:00 p.m.	Track 3: Optimizing Alignment: HTO Optional: DFO, Tibial Tubercle Transfer TBD
2:00-4:00 p.m.	Lab: Track Based Stations Final Step: Dissection Focused on NV Risk
4:00 p.m.	Lab Adjourn: Happy Hour Begins at 5:00 p.m. Optional: Arthrex Overview, Facility Tours (1 hr. walking tour)
5:00 p.m.	Happy Hour

Optimizing Surgical Outcomes: “Be the Best You Can Be” Shoulder Focus

February 13, 2027

	Course Updates and Shoulder Outline
8-8:15 a.m.	<i>Optimizing Shoulder Arthroscopy, Portals, Cadavers and Using the ASSET Feedback Tool</i> TBD
8:15-8:30 a.m.	<i>Optimizing Instability Labral Repair: Bankart, SLAP</i> TBD
8:30-8:45 a.m.	<i>Optimizing Instability: Capsulorrhaphy/Remplissage</i> TBD
8:45-9 a.m.	<i>Acromioclavicular Joint Including Distal Clavicle/Decompression and Dislocation</i> TBD
9-9:15 a.m.	<i>Optimizing Proximal Biceps: Tenotomy/Suprapec Tenodesis/SubPec Tenodesis</i> TBD
9:15-9:30 a.m.	Transition to Lab
9:30-11:30 a.m.	Lab: Shoulder Arthroscopy, ASSET Evaluation, Labral Repairs, SLAP Repairs, Remplissage, Capsulorrhaphy, Arthroscopic Tenodesis
11:30 a.m.-12:30 p.m.	Lunch Arthrex Overview, Facility Tours (1 hr. walking tour) Return to Auditorium by 12:30 p.m.
12:30-12:55 p.m.	Track 1: Optimizing Rotator Cuff TBD
12:55-1:20 p.m.	Track 2: Optimizing Bone Deficiency: Arthroscopic vs. Open Latarjet, Posterior Approach to Shoulder TBD

1:20-1:45 p.m.	<i>Track 3: Optimizing Arthroplasty: Reverse Shoulder, Capsular Release, Subscapularis Repair</i> TBD
2-4 p.m.	Lab: Track Based Lab Stations Final Step: Dissection Focused on NV Risk
4 p.m.	Course Adjourns

Thank You to our Course Faculty:

Course Co-Chairs:

Jason Koh, M.D., FAANA
Fernando Hernandez-Perez, M.D., FAANA

AANA Faculty:

TBD

AMECRA Faculty:

TBD

SLARD Faculty:

TBD

In Partnership With:



SLARD