AANA E.L.I.T.E. Hip 2026

This educational activity is designed to provide orthopaedic surgeons with an individualized, evidence-informed, and skills-focused experience in advanced hip arthroscopy and open hip preservation surgery.

Participants engage in a pre-course curriculum covering foundational and advanced concepts in hip pathology and surgical management, including diagnostic hip arthroscopy, capsular management strategies, femoroacetabular impingement correction, acetabular and femoral osteoplasty, labral preservation techniques (repair, reconstruction, and augmentation), and management of extra-articular pathology. Additional content addresses peritrochanteric and posterior hip disorders, including arthroscopic and open hamstring repair, gluteus medius repair and reconstruction, and ischiofemoral impingement osteoplasty. These modules, developed and delivered by recognized leaders in hip arthroscopy and hip preservation surgery, ensure learners arrive with baseline knowledge aligned to current evidence and best practices.

During the live activity, participants receive focused instruction through Technical Pearls sessions, non-CME surgical demonstrations, and interactive case-based panel discussions. The core learning experience includes two extended hands-on E.L.I.T.E. lab sessions in which participants select from a range of advanced arthroscopic and open hip procedures, including: Diagnostic hip arthroscopy, Capsulotomy, Capsular closure, and capsular augmentation, Acetabuloplasty and femoral osteochondroplasty, Labral repair, reconstruction, and augmentation, Arthroscopic and open hamstring repair, Arthroscopic and open gluteus medius repair or reconstruction, and Ischiofemoral osteoplasty.

This flexible structure allows participants to create an individualized training pathway based on their experience level, clinical interests, and practice needs. Faculty provide direct observation, real-time guidance, and structured feedback to support technical skill development and procedural confidence.

Learning Objectives

1. **Apply** fundamental principles of hip labral repair and evaluate the comparative advantages of periportal, interportal, and T-capsulotomy approaches in arthroscopic hip surgery.
2. **Perform** core hip arthroscopic and open procedures — including diagnostic scope, acetabuloplasty, femoral osteochondroplasty, labral reconstruction/augmentation, capsular closure and reconstruction, hamstring repair, gluteus medius repair, and ischiofemoral osteoplasty — in a cadaveric lab environment.
3. **Compare** image-guided and dynamic assessment techniques for femoroplasty and select the approach best suited to individual patient anatomy and pathology.
4. **Analyze** complex clinical scenarios such as borderline hip dysplasia and ischiofemoral impingement to formulate evidence-based surgical decision-making strategies.
5. **Demonstrate** proficiency in endoscopic gluteus medius and hamstring repair techniques through video review and hands-on lab practice.

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Financial Disclosure/Conflict of Interest

It is the mission of AANA as a provider accredited by ACCME to provide independent, fair, balanced, bias-free, peer-reviewed continuing medical education to its learners. In accordance with the ACCME Standards for Integrity and Independence, AANA requires that all CME activities ensure content meets the ACCME requirements for validity (Standard 1), prevents commercial bias and marketing in accredited continuing education (Standard 2), ensures that any individual in the position to control AANA educational content discloses interests with ineligible companies* to AANA and that any relevant financial interests are identified and mitigated, and that all interests are disclosed to learners (Standard 3), and; AANA ensures that any and all commercial support (excluding fees for advertising and exhibits, if received), is managed appropriately and disclosed to leaners (Standard 4).

*An ineligible company is defined as one whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

In accordance with the guidelines of the ACCME, it is AANA's policy that faculty and planners disclose to the learners all financial relationships within 24 months of the educational activity with any ineligible company that relates to their content. All disclosures will be listed in the final programs/agenda and/or on-site materials that are distributed during designated activities. In accordance with AANA policy, faculty participation is predicated upon timely submission and review of disclosures, and mitigation of any relevant financial interest(s). Non-compliance results in faculty removal from the activity.

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AANA
ADVANCING THE SCOPE

AANA E.L.I.T.E. Hip Lab, October 24th, 2026

Orthopaedic Learning Center, Rosemont, Illinois
Available Lab Focus: Hip

Course Chairs
J.W. Thomas Byrd, M.D., Benjamin Domb, M.D., M.S., Marc Philippon, M.D.

Associate Faculty
TBD

Saturday E.L.I.T.E. Session	
Hands-on Activity	
7:00-7:30 a.m.	Registration, Coffee, Networking, Booth Visits – **Reception Area**
7:30-8:35 a.m.	Lectures and Panels– **Auditorium** 7:30 Fundamentals of Labral Repair 7:40 Discussion – All Faculty 7:50 Debate: Periportal vs. Interportal vs.T-capsulotomy 8:05 Discussion – Presenters 8:15 Debate: Femoroplasty: Image Guided vs. Dynamic Assessment 8:25 Discussion – Presenters 8:35 **Adjourn to Lab**
8:35-8:45 a.m.	Move to Lab
8:45-11:30 a.m.	E.L.I.T.E. Lab Session - **Lab** Participant Chosen Goals – Build Your Lab Session! **Available Hip Procedures** • Diagnostic Scope • Capsulotomy • Acetabuloplasty • Labral Reconstruction/Augment • Femoral Osteochondroplasty • Capsular Closure • Capsular Augmentation • Arthroscopic Hamstring

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	• Open Hamstring Repair • Arthroscopic Gluteus Medius Repair • Open Gluteus Medius Repair/Reconstruction • Ischiofemoral Osteoplasty
11:30-12:00 p.m.	Lunch Available – **Reception Area** Move to Auditoriums for Procedure Demonstrations
12:00 p.m.-12:30 p.m.	Labral Reconstruction - **Lab**
12:30-12:50 p.m.	Video Demos – **Auditorium** 12:30 Endoscopic Gluteus Medius Repair 12:40 Endoscopic Hamstring Repair
12:50 p.m.–1:20 p.m.	Capsular Reconstruction – **Lab**
1:20-2:00 p.m.	Lectures and Panels – **Auditorium** 1:20 Case Panel Discussion: Borderline Dysplasia 1:50 Ischiofemoral Impingement lecture
2:00-2:15 p.m.	Move to lab
2:15-5:15 p.m.	E.L.I.T.E. Lab Session - **Lab** Participant Chosen Goals **Available Hip Procedures** • Diagnostic Scope • Capsulotomy • Acetabuloplasty • Labral Reconstruction/Augment • Femoral Osteochondroplasty • Capsular Closure • Capsular Augmentation • Arthroscopic Hamstring • Open Hamstring Repair • Arthroscopic Gluteus Medius Repair • Open Gluteus Medius Repair/Reconstruction • Ischiofemoral Osteoplasty
5:15 p.m.	Course Adjourns

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Relevant Financial Disclosures

Jami Firek, Role: Staff Planner
No financial interests to disclose

Master Online Program – Hip

Pre-Course Lecture Database

Innovations in Hip Arthroscopy	
Hip Arthroscopy Master Class (Online Pre-Course)	
10 Minutes	Approach to Young Adult Hip Patient: Physical Exam and Patient Selection T. Sean Lynch, M.D.
8 Minutes	US Guided Injections: Cortisone, PRP, BMAC, and HA Jorge Chahla, M.D.
15 Minutes	Rehabilitation for Hip and Pelvic Pain Kristyn Taylor, D.P.T.
17 Minutes	Imaging Studies: Plain Radiographs, MRI, CT Sanjeev Bhatia, M.D.
7 Minutes	New Concepts in FAIS Shane J. Nho, M.D.
10 Minutes	Intra-Operative Fluoroscopy and Dynamic Assessment Ajay C. Lall, M.D., M.S.
10 Minutes	Residual Pediatric Deformities Steven K. Aoki, M.D.
8 Minutes	Borderline Hip Dysplasia Joshua D. Harris, M.D.
11 Minutes	Hip Dysplasia and Dysplasia Variants Andrea Spiker, M.D.
10 Minutes	CAM Impingement Michael Salata, M.D.

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10 Minutes	Hip Access: Distraction, Fluoroscopy, and Portal Placement Winston Gwathmey, M.D.
15 Minutes	Continuum of Labral Management: My Algorithm for Debridement, Repair, Augment, and Reconstruction Christopher Larson, M.D.
11 Minutes	Technical Spotlight: 270 Degree Labral Reconstruction Andy Wolff, M.D.
17 Minutes	New Cartilage Technologies: Ready for Prime Time? Thomas Wuerz, M.D.
18 Minutes	Hip Cartilage Repair: Microfracture, Biocartilage, De Novo, Prochondrix Chad Mather, M.D.
8 Minutes	Debate: Subspine Decompression for All My Cases Joshua D. Harris, M.D.
8 Minutes	Debate: Subspine is a Myth Travis G. Maak, M.D.
11 Minutes	Primary Capsular Repair Technologies Shane J. Nho, M.D.
9 Minutes	Capsular Technical Pearls in Revision Hip Arthroscopy Steven K. Aoki, M.D.
17 Minutes	Technical Spotlight: Knotless Anchor Repair for Hip Labrum John J. Christoforetti, M.D.
14 Minutes	Technical Spotlight: Labral Augmentation Michael Ellman, M.D.
12 Minutes	Core Muscle Injuries Brian Busconi, M.D.
13 Minutes	Endoscopic CMI Repair and Pubic Symphysis Excision Dean K. Matsuda, M.D.
6 Minutes	Debate: Endoscopic Gluteus Medius Repairs Joshua D. Harris, M.D.
12 Minutes	Debate: Endoscopic Gluteal Repair with Allograft Augmentation Jovan Laskovski, M.D.
6 Minutes	Debate: Open Superior Gluteal Reconstruction Jorge Chahla, M.D., Ph.D.
8 Minutes	Debate: Endoscopic Proximal Hamstring Repair Chad Mather, M.D.
14 Minutes	Debate: Open Hamstring Repair Brian Giordano, M.D.
7 Minutes	Approach to Failed Hip Arthroscopy Allston J. Stubbs, IV, M.D., M.B.A.

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10 Minutes	Debate: Open Gluteus Medius Repairs is Better and Faster Michael Salata, M.D.
15 Minutes	Diagnostic Work-Up for Hip Injuries – History, Exam, Imaging, Injections J.W. Thomas Byrd, M.D.
11 Minutes	Labral Management, Debride, Repair, Reconstruct, Augment Marc. J. Philippon, M.D.
11 Minutes	Osseous Management, Pincer, AIIS, Os, Acetabuli Christopher M. Larson, M.D.
9 Minutes	Ultrasound Imaging of the Hip and Pelivs/Ultrasound Access for Portal Placement Ivan H. Wong, M.D., FAANA
14 Minutes	Capsular Management – Capsulotomy, Capsular Windows, Exposure, and Repair/Plication/Reconstruction Shane J. Nho, M.D., M.S.
12 Minutes	Complications and Approach to Revision Arthroscopy Allston J. Stubbs, IV, M.D., M.B.A.
20 Minutes	Pearls and Pitfalls of Patient Selection in Hip Preservation Practice John J. Christoforetti, M.D.
8 Minutes	What's the Evidence? The Latest Evidence in Hip Arthroscopy and Preservation Surgery Olufemi R. Ayeni, M.D.

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